

Peer Support Guide

**HIV Support Groups and
Peer Support Programs in the
Greater Boston and Metrowest areas**

**A project of the Peer Support Workgroup
of the Greater Boston/Metrowest
HIV/AIDS Service Coordination Collaborative**

January 2009

**JRI Health, Center for Training and Professional Development
25 West Street, Boston, MA 02111**



This guide was compiled by members of the Peer Support Workgroup of the Greater Boston/Metrowest HIV/AIDS Service Coordination Collaborative (SCC) and staff of JRI Health, the Massachusetts Department of Public Health-funded coordinator of the group.

Peer Support Workgroup members

Gerard Alexis, CCHER
Melanie Cohn-Hopwood, Boston Living Center
Gretchen Hill, Cambridge Cares About AIDS
Paul Goulet, MA Department of Public Health
David Gray
Velisa Greene, JRI Health
John Hardel, DEAF Inc.
John Kane, consumer
Paul Keating, JRI Health
Sophie Lewis, MA Department of Public Health
Zita Massena, CCHER
Emerson Miller, AIDS Action Committee

Brent Otto, AIDS Action Committee, consumer
Lester Payne, consumer
Steve Perreault, consumer
Florence Saintiche, CCHER
Jose Sostre, consumer; Lowell Community Health Center staff
Eric Thai, Boston Public Health Commission
Kim Wilson, consumer
Sheryl Watkins, Whittier Street Health Center

SCC Staff

Beth Hastie, JRI Health

Thank you to the following agencies and staff who provided information about local HIV peer support programs:

AIDS Action Committee (Emerson Miller)
Boston Living Center (Melanie Cohn-Hopwood)
Boston Medical Center (Lynda Shuster)
Cambridge Cares About AIDS (Gretchen Hill)
Center for Community Health, Education, and Research (CCHER) (Gaenslie Lamour)
Centro Latino de Chelsea (Sindia Jimenez)
Concilio Hispano, Inc. (Cira Espinosa)
DEAF Inc. (Hannah Lewis)
Dimock Community Health Center (Chevelle Sloan)
Fenway Community Health (Gail Beverley)
Health Awareness Services (Ismael Rivera)
Healing Our Community Collaborative (Heidi Bright)
Hispanic Office of Planning and Evaluation (HOPE) (Elizabeth Sanchez)
JRI Health (Velisa Greene)
Latin American Health Institute (Carmen Pimentel)
Multicultural AIDS Coalition (Cynthia Harris)
Massachusetts General Hospital (Sandy McLaughlin)
MGH Chelsea Health Center (Mary McComish)
SPAN Inc. (Annie Montgomery)
Strength in Numbers
Whittier Street Health Center (Jesus Geliga)
Jane E. Scherban, LCSW, LMHC

Updates

This document will be updated periodically. To make changes, additions or updates to the information in this guide, or to receive this publication in electronic format (PDF) via email, please contact:

Beth Hastie
SCC Project Director
JRI Health
25 West Street, Boston, MA 02111
phone: (617) 988-2605 x 2301
fax: (617) 988-8708
bhastie@jri.org

Table of Contents

Accessibility for Deaf Persons	1
Peer Support Programs by Agency / Provider	3
AIDS Action Committee	3
Boston Living Center	3
Boston Medical Center	4
Cambridge Cares About AIDS	4
Center for Community Health, Education, and Research (CCHER)	5
Centro Latino de Chelsea	5
Concilio Hispano, Inc.	6
DEAF Inc.	6
Dimock Community Health Center	7
Fenway Community Health	7
Health Awareness Services	7
Healing Our Community Collaborative	8
Hispanic Office of Planning and Evaluation (HOPE)	8
Jane E. Scherban, LCSW, LMHC	9
JRI Health	9
Latin American Health Institute (LHI)	9
Massachusetts General Hospital	10
MGH Chelsea Health Center	10
Multicultural AIDS Coalition	11
SPAN Inc.	11
Strength in Numbers	11
Whittier Street Health Center	12
HIV Support Groups	13
Peer-led	13
Peer and Staff Co-led	19
Staff-led	23
Other Peer Support Activities	29
Online Support	33
Spanish Language Peer Support Groups and Activities	35
Haitian-Creole/French Language Peer Support Groups and Activities	45
Index	47
Calendar of Groups	49
Trainings	55

Accessibility for Deaf Persons in Peer Support Services

MASSACHUSETTS COMMISSION FOR THE DEAF AND HARD OF HEARING

Interpreter/CART Referral Service
150 Mt Vernon St, Fifth Floor
Boston, MA 02125

www.mass.gov/mcdhh
617-740-1600 Voice
617-740-1700 TTY

American Sign Language (ASL) Interpreters

ASL interpreter requests should be made at least a month in advance, or more if possible. For on-going meetings or groups, it is a good idea to contract with an interpreter in advance for the entire schedule.

To become an interpreter, an individual must not only display bilingual and bicultural proficiency, but also have the ability to mediate meanings across languages and cultures, both simultaneously and consecutively. This takes years of intensive practice and professional training. In Massachusetts, the Massachusetts Commission for the Deaf and Hard of Hearing (MCDHH) makes referrals only to nationally certified or MCDHH approved interpreters in an effort to provide the highest possible level of interpreter services. For freelance interpreters there is a minimum fee ranging from \$60 to \$128 for the first two hours depending on level of certification and training.

CART Reporting

Communication Access Realtime Translation (CART) Services are provided by court providers who have additional training and/or experience in realtime reporting and in aspects of providing translation for deaf, late deafened and hard of hearing people. CART Service provides instantaneous translation of what is being said into visual print display so that it can be read (instead of heard). Please call in your request as early as possible, because CART providers often fill their schedules 2-3 months in advance. Rates are negotiable with individual CART reporters. Costs run \$75-\$100 per hour per CART reporter plus 1 hour of prep time.

Direct Communication with and by Deaf Persons

Many deaf persons rely on text messaging and e-mail for communication. To communicate with a person who is using a TTY, dial 711 for a phone relay conversation. Internet relay services are also an option; one can be found at <https://www.i711.com>. These services are free.

D.E.A.F. INC.

Project H.O.P.E.
215 Brighton Ave.
Allston MA 02134
617-254-4041
www.deafinonline.org

DEAF, Inc. is a nonprofit, consumer-run, multiservice agency providing comprehensive, community-based services to people who are Deaf, DeafBlind, Hard of Hearing and Late-Deafened ("Deaf"). The organization's mission is to empower Deaf people to lead independent lives. As a consumer-led agency, DEAF, Inc. is uniquely able to address the needs of its diverse community and offers health education, access and support services; educational programs; information and referrals; advocacy; skills assessment; accessibility services and training programs designed by and for consumers, in a fully communication-accessible, Deaf-affirmative environment. Approximately 75 percent of DEAF, Inc.'s staff is Deaf, DeafBlind, Hard of Hearing, or Late-Deafened, including its Executive Director.

Peer Support Programs by Agency / Provider

AIDS Action Committee

294 Washington Street, 5th Floor, Boston MA 02108

Main Phone: (617) 437-6200

Fax: (617) 437-1186

TTY: (617) 437-1394

MBTA: State Street (Orange Line), Downtown Crossing (Red Line), Park Street (Green Line)

Wheelchair Accessible: Yes

Website: www.aac.org

Peer Support contact person: Emerson Miller, (617) 450-1221

Program description: individual support and assistance; drop-in program; peer mentoring; buddy program. The Peer Support program provides on going support groups and one monthly Community Lunch Group.

Criteria: Clients and HIV+ non-clients

HIV Support Groups offered:

- Healing Our Community Collaborative (HOCC)
- Women's HOCC Weekly
- Men's Health Support Group
- Newly Diagnosed or Returning to Care Support Group
- Positive Providers Support Group
- Team Life Support Group
- Writing Group
- Community Lunch

Boston Living Center

29 Stanhope Street, Boston, MA 02116

Main Phone: (617) 236-1012

Fax: (617) 236-0334

TTY: (617) 267-7059

MBTA: Orange Line (Back Bay) or Green Line (Copley Square), Bus 39 or 10

Wheelchair Accessible: Yes

Website: www.livingcenter.org

Peer Support contact person: Julie Barnes, (617) 236-1012 x 229

Program description: Peer support groups, one on one support, new member orientation, social activities, art classes, family support, daily meals, computer classroom, health referrals, other outside referrals

Criteria: Members only for most activities. Participation of friends and family at meals and at Family Support Group is welcome. To become member, contact the BLC for orientation intake.

Other information: Bi-lingual staff/peers onsite speak Spanish. Formal Spanish translation available with 48 hours notice. American Sign Language (ASL) translation available with 3 weeks notice.

HIV Support Groups offered:

- Bridges For Life Program
- Deaf Peer Support
- New Members' Luncheon
- Gay and Bisexual Men's Group
- Healthy Relationships
- LIFE Program

- Positive Changes - Chat Before Dinner
- Spirituality Group
- Women's Support Group
- Family Support Group
- Latino Support Group (in Spanish, led by LHI)

Other Peer Support Activities:

- CyberSpace computer training
- Express Yourself – Expressive Art Classes and Workshops
- Meals Program
- Yoga, Reiki, Energy Healing, Massage, Haircuts

Boston Medical Center

Center for HIV/AIDS Care and Research
850 Harrison Avenue, Boston, MA 02118

Main Phone: (617) 414-4290

Fax: (617) 414-5209

TTY: (617) 638-8270

MBTA: Mass Ave (Orange Line), #1 bus, CT1 bus, #47 bus from Dudley, #10 bus from Back Bay (Orange Line) and Andrew (Red Line)

Wheelchair accessible: Yes

Website: www.bmc.org/hiv-aids

Other information: No peer support program, but does offer HIV support groups for people receiving their medical care at BMC. For information, please call the contact listed after each group, or call Lynda Shuster, LICSW, Manager of Mental Health & Medical Management Services, at (617) 414-7834, for more information. Current fall schedule listed here; additional groups - Haitian-Creole, African-American Women, African-American MSMs - to start in the spring.

HIV Support Groups offered:

- Un Cambio Positivo
- Women to Women
- Newly Diagnosed/Returning to Care Group
- Positive HOPE (HIV Obstetrics Program and Education)
- Substance Abuse Group

Cambridge Cares About AIDS

17 Sellers Street, Cambridge, MA 02139

Main Phone: (617) 661-3040

Fax: (617) 661-2853

TTY: (617) 661-2853

MBTA: Central Square (Red Line), #1 bus, CT#1 bus

Wheelchair Accessible: Yes

Website: www.ccaa.org

Peer Support contact person: Gretchen Hill, Peer Support Program Manager, (617) 599-0218, ghill@ccaa.org

Program description: The CCA Peer Support Program provides a safe and comfortable place for people living with HIV/AIDS to receive social support on a drop in basis. In our "Drop in Spot" we provide easily accessible, client-centered services including support groups, luncheons, clothing drives, movie days, field trips, as well as individual support provided by Peer

Leaders. Additionally, the Peer Support Program creates linkages to case management services and community resources for clients that may otherwise be lost to follow up. The Drop in Spot is open Monday, Wednesday, Thursday, and Friday from 9-5 and Tuesday 10-5.

Criteria: Participants must be HIV+ and complete a general intake.

HIV Support Groups offered:

- Gay and Bisexual Men's Group
- Haitian Group
- Latino Group
- Women's Support Group
- Men's Support Group

Other Peer Support Activities:

- Expressions (arts and crafts group)

Center for Community Health and Education (CCHER)

420 Washington Street, Dorchester, MA 02124

Main Phone: (617) 265-0628

Fax: (617) 265-4134

TTY: NA

MBTA: Go to Ashmont station (Red Line), then take bus 23 to Washington St.

Wheelchair Accessible: Yes

Website: www.ccher.org

Peer Support contact: Zita Massena, (617) 265-0628 x235, zmassena@ccher.org

Program description: Monthly activity, support group for families, individual support and assistance, speaker's bureau and peer mentoring.

Criteria: HIV+ clients only; family members welcome for social activities

HIV Support Groups offered:

- Positive Living
- Spirituality & Wellness Group

Other Peer Support Activities:

- Peer Support Social Activities
- Social Service
- ESL class

Centro Latino de Chelsea

267 Broadway, Chelsea MA 02150

Main Phone: (617) 884-3238

Main Fax: (617) 884-4646

TTY: NA

MBTA: The MBTA Bus Routes #111, 112, 114, 116, 117, all have regular stops in Chelsea. The 111 bus travels to and from Haymarket Station (Green Line). The 114, 116 and 117 buses travel between Wonderland Station (Blue Line) and Maverick Station (Blue Line). The 112 travels between Wood Island (Blue Line) and Wellington Station (Orange Line), on a limited schedule. There is a Chelsea Stop on the Commuter Rail (North Station-Rockport Line). The train stops at the intersection of Arlington Street and Sixth Street, near City Hall.

Wheelchair accessible? Yes

Additional info: Meter parking is available on both sides of Broadway, and on one side of Congress Avenue.

Website: www.centrolatino.org

Contact person: Sindia Jimenez, (617)884-3238 x216, Sjimenez@centrolatino.org

Program description: This program provides culturally competent individual peer to peer counseling support sessions for HIV positive individuals and affected family members. The program also provides group support for HIV/AIDS program participants and affected family members, service referrals, and advocacy. Our support groups are conducted mainly in Spanish and we provide on site congregate meals on a weekly basis.

Criteria: Participants have to be HIV positive or HIV/AIDS affected clients from our caseload. Although we welcome clients from any type of settings, this support group is not open to the public. In order to participate in groups, participants have to become a program member based on program criteria for participation.

HIV Support Groups offered:

- Vidas Unidas

Concilio Hispano Inc.

105 Windsor Street, Cambridge, MA 02139

Main Phone: (617) 661-9406

Fax: (617) 661-8008

TTY: (617) 661-8000

MBTA: Central Square/Kendall T stops (Red Line); #1 and CT1 bus

Wheelchair accessible? Yes

Website: www.conciliohispano.org

Peer Support contact person: Judith Ortiz (617) 661-9406 or jortiz@conciliohispano.org, Gabriel Roncancio 617-661-9406 or groncancio@conciliohispano.org

Program Description: Training program for Latinas and Latinos to be leaders in their community in effort to educate in HIV/AIDS, STDs, Hepatitis and Substance Abuse. Program provides ongoing support to peer leaders once a month and ongoing group support.

Criteria: Candidates must demonstrate commitment to their community in reducing HIV and risk of transmission.

HIV Support Groups offered:

- Peer Leaders Group
- Women's Group
- HIV+ Group

DEAF Inc.

215 Brighton Avenue, Allston, MA 02134

Main Phone: (617) 254-4041

TTY: (617) 254-4041

Fax: (617) 254-7091

MBTA: Closest MBTA stop is Green Line B at Harvard Avenue Station at Commonwealth Avenue and Harvard Avenue. Also can take the subway (Green line) C (Cleveland Circle) to Harvard Ave, take the bus #66 to 215 Brighton Ave or B (Boston College) to Kenmore Square, take the bus #57 to 215 Brighton Ave near CVS Drugstore and Dunkin Donuts.

Wheelchair accessible? Yes

Website: www.deafinonline.org

Peer Support contact: Hannah Lewis, Program Director, hlewis@deafinonline.org

Program description: Biweekly group meetings, one on one support and information about workshops

Criteria: Deaf, DeafBlind, Hard of Hearing, and Late-Deafened people

HIV Support Groups offered:

- Peer Support Group

The Dimock Center

55 Dimock Street, Roxbury, MA 02119

Main Phone: (617) 442-8800 x 1324

Fax: (617) 442-1702

TTY: NA

MBTA: Jackson Square (Orange Line), bus #22, 44 from Jackson Square

Wheelchair Accessible: Yes

Website: www.dimock.org

Peer Support contact person: Chevelle Sloan, (617) 442-8800 x1391, csloan@dimock.org and Jose Santos, (617) 442-8800 x1325, jsantos@dimock.org

Program description: Provides weekly support groups, peer mentoring and individual support.

Criteria: Open to all HIV positive people.

HIV Support Groups offered:

- HIV and Substance Abuse - Women Of Hope Support Group
- HIV+ Women who are Head of Household
- Latino Group
- Co-Ed Peer Support Group

Other Peer Support Activities:

- Consumer Educational Luncheon

Fenway Community Health

7 Haviland Street, Boston, MA 02116

Main Phone: (617) 927-6000

Fax: (617) 267-2667

TTY: (617) 859-1256

Toll free: (888) 242-0900

MBTA: Hynes Convention Center (Green Line), #1 and CT1 bus

Wheelchair Accessible: Yes

Website: www.fenwayhealth.org

Peer Support contact person: Gail Beverly, (617) 927-6229

Program description: Short term support groups for HIV+ people and partners of HIV+ people; individual short term support

Criteria: Open to all with HIV or HIV-related issues

HIV Support Groups offered:

- HIV+ Support Group
- Mind/Body Group
- Newly HIV+ Group

Health Awareness Services

354 Waverley Street 1st Floor, Rear, Framingham, MA 01702

Main Phone: (508) 935-2960

Fax: (508) 935-2963

MBTA: Downtown Framingham located near Framingham Stop on Commuter Rail Red Sign that reads “Chestnut Place” in front of building. Enter office from the rear right corner of building.

Wheelchair accessible: Yes

Website: www.hascm.org

Peer Support Contact Person: Chelsea Brehm, Support Group Coordinator (ext. 11)

Program Description: The Support Group Program is a small group, skills building program designed to help clients with the day-to-day issues of living with HIV. Participants learn skills and coping techniques from each other, with guidance provided by a facilitator with extensive experience working with persons with HIV/AIDS. Sessions for couples and families can be arranged through the Support Group Coordinator.

Criteria: Participants must be HIV+.

HIV Support Groups offered:

- Men’s Group
- Women’s Group

Healing Our Community Collaborative (HOCC)

@ AIDS Action Committee

294 Washington St., 5th Floor, Boston MA 02108

Phone: (617) 450-1424

Fax: (617) 437-1186

TTY: (617) 437-1394

MBTA: State Street (Orange Line), Downtown Crossing (Red Line), Park Street (Green Line)

Wheelchair Accessible: Yes

Website: www.aac.org

Peer Support contact person: Tonia Hines (617) 450-1238, thines@aac.org or Sylvia Brewer (617)450-1237, sbrewer@aac.org

Program description: HOCC is a nurse led/peer driven prevention and education program for women, by women, by women infected, affected, or at risk for HIV. HOCC is a collaborative effort between several organizations in the Boston area including JRI Health, Dimock Community Health Center and Boston Living Center. The board members are women infected, affected, or at risk for HIV/AIDS. All program planning and design is generated from the HOCC Board which also meets monthly at AAC. Future planning for HOCC includes providing HOCC programming offsite in other community venues, a HOCC Retreat for Women, and the *new* HOCC weekly support group (for HIV positive women only) in collaboration with the Boston Living Center.

Criteria: For monthly program: Women infected, affected, or at risk for HIV/AIDS.

HIV Support Groups offered:

- Healing Our Community Collaborative Group (see listing under AIDS Action Committee)
- Women’s HOCC Weekly (see listing under AIDS Action Committee)

Hispanic Office of Planning & Evaluation (HOPE)

165 Brookside Ave, Jamaica Plain, MA 02130

Main Phone: (617) 524-8888

Main Fax: (617) 524-4939

TTY: (617) 983-1668

MBTA: Green Street (Orange Line)

Wheelchair Accessible? Wheelchair ramp to 1st floor, no elevators for upper floors

Website: www.Hopemass.org

Peer Support contact person: Elizabeth Sanchez, (617) 524-8888 x146,
esanchez@HopeMass.org

HIV Support Groups offered:

- Centro de Apoyo Pedro Zamora

Jane E. Scherban, LCSW, LMHC

466 Commonwealth Ave., Suite 201B, Boston, MA 02215

Main Phone: (617) 859-5806

Contact person: Jane Scherban, (617) 859-5806

MBTA: Nearest T stop is Kenmore (Green Line)

Wheelchair Accessible: Yes

HIV Support Groups offered:

- HIV+ Support Group for Gay and Bisexual Men
- HIV+ Support Group for Gay and Bisexual Men (Long Term Survivors)

JRI Health

25 West Street, 4th Floor, Boston, MA 02111

Main Phone: (617) 457-8142

Fax: (617) 457-8133

TTY: NA

MBTA: Downtown Crossing (Orange Line, Red Line); Park Street (Green Line); Silver Line

Wheelchair Accessible: Yes

Website: www.jri.org

Peer Support contact person: Paul Keating, (617) 457-8142, x2445 pkeating@jri.org

Program description: This program has 5 support groups. Aside from support groups, we also host a myriad of educational and social support programming for providers and consumers, including monthly Thrive Monday (social support group) a Provider Networking Breakfast, POZ Prevention programs, and the HIVstopswithus website.

HIV Support Groups offered:

- Long-term Survivors
- POZ 20s
- HIV Support Group for Men
- Positive Crossroads
- WAS/DIVA (Women AIDS Survivors/Divine Individual Valuing my Assets)

Other Peer Support Activities:

- HIV Stops With Us Campaign (www.hivstopswithus.org)
- Provider Networking Breakfast
- Thrive Monday (Social Support Group)

Latin American Health Institute

95 Berkeley Street, 6th floor, Boston, MA 02116

Main Phone: (617) 350-6900

Fax: (617) 350-6901

TTY: (617) 350-6914

MBTA: Back Bay (Orange Line); East Berkeley Street (Silver Line)

Wheelchair Accessible? Yes

Website: www.lhi.org

Peer Support program contacts: Andrea Malagon Bonilla, (617) 350-6900 x138 and Melisa Flores, (617) 350-6900 x 187

Program description: The Latin American Health Institute Counseling Center provides weekly support groups for individuals living with HIV/AIDS.

HIV Support Groups offered:

- LHI/BLC Therapeutic Latino Support Group
- Women's Stabilization/Coping Skills Group

Massachusetts General Hospital

55 Fruit Street, Boston, MA, 02114

Phone: (617) 726-2000

Fax: (617) 724-1800

TTY: NA

MBTA: Charles/MGH stop (Red Line). Please note: The Charles/MGH stop is NOT handicapped accessible. The closest accessible stop is North Station (Orange or Green line) and there is a Partner's Shuttle bus to take you from North Station to MGH.

Wheelchair Accessible: Yes

Website: www.mgh.harvard.edu

Peer support contact person: Sandy McLaughlin, (617) 724-0050

Program description: Support and educational programs. People need to call Sandy McLaughlin or Jennifer Kubick before coming to the groups.

HIV Support Groups offered:

- 50ish gay men with HIV
- Parents of Adults living with HIV
- Women with HIV

MGH Chelsea Health Care Center

151 Everett Ave, Chelsea, MA 02150

Main Phone: (617) 889-8580

Fax: (617) 887-3707

TTY: NA

MBTA: Chelsea stop on the Newburyport/Rockport Commuter Rail. Free shuttle from MGH in Boston.

Wheelchair Accessible: Yes

Website: www.partners.org

Peer Support contact person: Vikki Segovia, (617) 887- 4330, vsegovia@partners.org and Mary McComish ACRN, BSN, mmccomish@partners.org, (617) 887-3741.

Program Description: Provides weekly support for HIV+ patients and their families. The English and Spanish groups meet on alternate weeks. Vikki also offers individual support. Mary McComish is nurse medical manager for new MDPH-EMMS-HIV/AIDS program.

Criteria: Patients, friends and family welcome.

HIV Support Groups offered:

- HIV/AIDS Support Group

Other Peer Support Activities:

- EMMS HIV/AIDS Program (Enhanced Medical Management Services)

Multicultural AIDS Coalition (MAC)

31 Heath Street, Jamaica Plain, MA 02130

Main Phone: (617) 442-6622

Fax: (617) 238-2419

MBTA: Jackson Square T stop (Orange Line)

Wheelchair Accessible: Yes

Website: www.mac-boston.org

Peer Support contact person: Cynthia Harris, (617) 238-2440, charris@mac-boston.org

Program description: Peer support groups are population-specific, for example: MOCAA at MAC for MSM (men who have sex with men); and Casa Iris for Spanish-speaking people.

Criteria: open to all HIV+ African American and Latino people

HIV Support Groups offered:

- Casa Iris Support Group
- You R Not Alone

SPAN, Inc.

105 Chauncy Street, 6th floor, Boston, MA 01742

Main Phone: (617) 423-0750

Fax: (617) 482-2717

TTY: (617) 423-0750

Wheelchair Accessible: Yes

MBTA: Chinatown (Orange Line), Downtown Crossing (Red Line)

Website: www.spaninc.org

Peer Support contact person: Annie Montgomery, (617) 423-0750 x108

Program description: Two weekly support groups for HIV+ offenders/ex-offenders; congregate meals, informal peer support and activities in drop-in-center setting. Participants must be members of Span program (see below).

Criteria: Offenders and ex-offenders who have completed agency enrollment process (intake and orientation).

HIV Support Groups offered:

- Latino Peer Support Group
- Thursday Night Reintegration Group

Other Peer Support Activities:

- Congregate Meals Program: Monday, Tuesday, Thursday, Friday lunches
- HIV Peer Support Activities such as chess tournaments, cards, videos
- HIV peer support Events such as World AIDS Day, AIDS Walk, Family Day

Strength in Numbers (SIN) Boston

Peer Support contact person: Moderator, SINBoston

Phone: N/A

Email: SINBoston@yahoogroups.com

Website: <http://health.groups.yahoo.com/group/SINBoston/>

Program Description: The Boston chapter of a not-for-profit global online social network for HIV+ gay men. This group allows POZ guys in the Greater Boston area to better communicate with each other directly, share information and plan group outings.

Whittier Street Health Center

1125 Tremont St., Roxbury, MA 02120

Main Phone: (617) 427-1000

Fax: (617) 989-3247

TTY: (617) 425-5118

Wheelchair accessible: Yes

MBTA: Ruggles Bus and T Station (Orange Line)

Website: www.wshc.org

Peer Support contact person: Sheryl Watkins, (617) 989-3134, sheryl.watkins@wshc.org

Program description: Individual support and assistance, peer support group.

HIV Support Groups offered:

- Peer Support Group

PEER-LED HIV SUPPORT GROUPS (Facilitated by HIV+ Peers)

AIDS ACTION COMMITTEE

Women's HOCC Weekly

Group description: The Women's HOCC Weekly is a collaboration between Boston Living Center and AIDS Action. Women will meet on the 1st and 3rd Tuesdays of each month at AAC and the 2nd and 4th Tuesdays at BLC. This collaboration is peer led for HIV+ women only.

When: 1st and 3rd Tuesdays from 11:00 am – 12:00 pm @ AAC, 2nd and 4th Tuesdays from 1:00 pm – 2:00 pm @ BLC

Contact person Tonia Hines (617) 450-1238 or Sylvia Brewer (617) 450-1237

Discussion topics: Vary based on participants' interests

Criteria: HIV+ women

Average meeting attendance: 8-10

Incentives: Lunch and a monthly raffle

Writers' Group

When: Wednesdays, 1:30 pm - 3:00 pm

Contact person: Emerson Miller, (617) 450-1221, emiller@aac.org

Group description: Group for writers of all interests and levels

Discussion topics: Poetry, short stories, essays decided weekly by the group

Average meeting attendance: 5

Men's Health Support Group

When: Tuesdays, 4:00 pm - 5:30 pm

Contact person: Emerson Miller, (617) 450-1221, emiller@aac.org

Group description: For all HIV + men (gay and straight)

Discussion topics: Living positively, the Blues, Dangerous Liaisons, Action *Not* Reaction, Managing Anger, and Relationships

Criteria: HIV+ men

Incentives: Food, monthly raffles

Team Life Support Group

When: Every Friday, noon to 1:30 pm

Contact person: Emerson Miller, (617) 450-1221, emiller@aac.org

Group description: For all HIV men and women living with HIV for 10 plus years

Discussion topics: Vary based on participants' interests.

Incentives: Food

Community Lunch

When: The 3rd Monday of each month, noon – 2:00 pm, unless holiday - then it is held on the 4th Monday

Contact person: Emerson Miller, (617) 450-1221, emiller@aac.org

Program description: Each lunch has a different theme and is offered to different populations within the HIV community. The Community Lunches are open to clients, and HIV+ non-clients

Criteria: Clients and HIV+ non-clients

Incentives: Food and raffles

BOSTON LIVING CENTER

Deaf Support Group

When: Alternate Mondays, 4:30 pm – 5:30 pm

Contact person: John Hardel at jhardel@deafinonline.org, or Melanie Cohn-Hopwood at mcohn-hopwood@livingcenter.org.

Discussion topics: Varies; includes support, information, and activities

Criteria: All deaf or hard of hearing members of the Boston Living Center and Deaf, Inc.

Average meeting attendance: 5

Gay and Bisexual Men's Group

When: Luncheon on the fourth Tuesday of the month from 12:30 pm-1:30 pm; Movie Night on the third Thursday of the month from 6:00 pm – 8:00 pm

Contact person: Joe Lemieux, (617) 236-1012 x 253

Discussion topics: Varies: topics including dating, social events, relationships, living with HIV, and being gay/bi.

Criteria: All HIV+ gay and bisexual men

Average meeting attendance: 12

Healthy Relationships

When: Varies (runs in 5-session cycles), check with contact person

Contact person: Sarah Colaric, (617) 236-1012 x 255 or Brenda Bellizeare (617) 236-1012 x241.

Discussion topics: Structured, evidence-based program proven to have positive results! This is a time-limited (5-session) series of groups. Healthy Relationships is a workshop that focuses on decreasing the stress about disclosure and safer sex practices in three areas: with family, friends, and sex partners.

Criteria: All HIV+ members of the target population are welcome.

Average meeting attendance: 5-12

New Members' Luncheon

When: Dates TBD, 12:30 pm - 1:30 pm

Contact person: Julie Barnes, (617) 236-1012 x229

Discussion topics: People new to the Boston Living Center, new to Boston, newly diagnosed, disclosure, and more

Criteria: All HIV+ members

Average meeting attendance: varies

Positive Changes - Chat Before Dinner

When: Mondays, 5:00 pm - 6:00 pm

Contact person: Joe Lemieux, (617) 236-1012 x 253

Discussion topics: Varies: includes relapse prevention, harm reduction, maintaining recovery, working on goals, gratitude

Criteria: All HIV+ members are welcome.

Average meeting attendance: 5-10

Spirituality Group

When: Mondays, 7:00 pm - 8:30 pm

Contact person: Betsy Simmons, (617) 236-1012 x 242

BOSTON LIVING CENTER continued

Discussion topics: Spirituality, meditation, education on different faith traditions/practices, having/finding a higher power, dealing with conflict or difficulty from past negative experiences with religious traditions

Criteria: All HIV+ members

Average meeting attendance: 5

Women's Support Group

When: Second and fourth Tuesday, 1:00 pm - 2:00 pm (at AAC 1st and 3rd Tuesday 11:00 am - noon). Chix Flix (movie night with women-focused films) 4th Thursday 6:00 pm - 8:00 pm.

Contact person: Brenda Bellizeare, (617) 236-1012 x 241

Discussion topics: Recovery substance use, girl talk, relationships, health, HIV updates, children, work, and community resources. Discussions vary depending on the desires of the participants.

Criteria: All HIV+ female members are welcome.

Average meeting attendance: 5-10

CENTRO LATINO DE CHELSEA

Vidas Unidas

When: Every other Thursday and Saturday, noon – 2:00 pm

Contact person: Sindia Jimenez, (617) 884-3238 x216, Sjimenez@centrolatino.org

Group description: The support group is composed of men and women, including transgender men and women. Participants are HIV positive adult Latinos/as from the area of Chelsea, Revere, Winthrop, East Boston, and surrounding areas. This is an ongoing weekly support group.

Criteria: Participants have to be HIV positive or HIV/AIDS affected clients from our caseload. Although we welcome clients from any type of settings, this support group is not open to the public. In order to participate in groups, participants have to become a program member based on program criteria for participation. We take referrals from any type of settings.

Discussion topics: Open discussion, family disclosure, HIV/AIDS related topics such as: hepatitis, tuberculosis, STDs, HIV re-infection, diabetes, relaxation, housing, welfare, etc...

Average meeting attendance: 4 to 5

Other information: The group provides its participants with a hot on site meal. This group is conducted in a confidential setting in our agency which allows for the client to fully participate confidently and in a safe environment.

Language: Spanish

DEAF INC.

Peer Support Group

When: Various days and times

Contact: Hannah Lewis, hlewis@deafinonline.org, Voice and TTY: (617) 254-4041

Description: Open to HIV+ people

Criteria: Deaf, deaf blind, hard of hearing, and late deafened people only

Topics: Side effects of medications, nutrition, and daily living issues.

Language: American Sign Language (ASL)

THE DIMOCK CENTER

HIV and Substance Abuse - Women Of Hope Support Group

When: Thursdays, 1:30 pm – 3:00 pm

Contact person: Chevelle Sloan, (617) 442-8800 x1391

Group description: HIV+ Women who struggle with substance abuse and everyday life issues

Discussion topics: Self-Esteem, Disclosure, Adherence, Health and Self Care

Criteria: HIV+ women

Incentives: Food and transportation provided.

Average meeting attendance: 8-15 women

Language: English

HIV+ Women who are Head of Household

When: 2nd and 4th Saturday of the Month, 10:00 am - noon

Contact person: Chevelle Sloan, (617) 442-8800 x1391

Group description: "Putting your self first" HIV +Women who are head of household, learning how to love yourself and feel good about it.

Discussion topics: Open Discussion

Criteria: HIV+ Women

Incentives: Food provided

Average meeting attendance: 10-15

Language: English

Latino Group

When: Every Friday, 1:00 pm - 2:30 pm

Contact person: Jose Santos (617) 442-8800 X1325

Group description: HIV + men and women; open group.

Topics: Health, wellness, and substance abuse issues, as well as all HIV-related topics facing Latino people.

Incentives: Food, transportation

Average meeting attendance: 10-15

Language: Spanish

HEALTH AWARENESS SERVICES

Men's Group

When: Thursdays 10:30 am – noon.

Contact Person: Chelsea Brehm, (508) 935-2960 ext. 11

Discussion Topics: Open to clients' discretion: Overall Health, Healthy Relationship, Substance Use and Abuse, Disclosure/Stigma, Mental Health. Educational sessions are also included.

Average meeting attendance: 7-13

Other information: Participants do have to do an intake with the Support Group Project Coordinator. Lunch is provided. Transportation is available to clients that have completed intake.

Women's Group

When: Thursdays 12:30 pm – 2:00 pm

Contact Person: Chelsea Brehm, (508) 935-2960 ext. 11

HEALTH AWARENESS SERVICES continued

Discussion Topics: Open to clients' discretion: Overall Health, Healthy Relationship, Substance Use and Abuse, Disclosure/Stigma, Mental Health. Educational sessions are also included.

Average meeting attendance: 7-13

Other information: Participants do have to do an intake with the Support Group Project Coordinator. Lunch is provided. Transportation is available to clients that have completed intake.

HISPANIC OFFICE OF PLANNING & EVALUATION (HOPE)

Centro de Apoyo Pedro Zamora

When: Wednesdays, 6:00 pm – 8:00 pm

Contact: Elizabeth Sanchez, (617) 524-8888 x146

Description: For HIV+ Latino/as, Heterosexual, Gay, Transgender. HIV+ youth welcome. Open group. Must become clients if need referral or transportation services.

Criteria: Complete intake at HOPE and have to be HIV+. Family welcome.

Incentives: Food served,

Language: Spanish

Average meeting attendance: 10+

JRI HEALTH

Long Term Survivors Group

When: 1st, 3rd and 5th Tuesdays, 6:30 pm - 8:30 pm

Contact: Paul Keating, (617) 457-8142 x2445

Group description: An ongoing group, for HIV+ men living positive for 10 years or more

Criteria: HIV+10+ years, letter of diagnosis

Discussion topics: Living with HIV, side effect management, drug treatment, dating, relationships, life past to present, disclosure, and advocacy.

Average meeting attendance: 10-15

POZ 20's Group

When: Thursdays, 7:30 pm – 9:00 pm

Contact: Paul Keating, (617) 457-8142 x2445

Group description: Open group for all HIV+ men in their 20s

Criteria: HIV+, letter of diagnosis

Discussion topics: Disclosure, dating, coping/life skills, safer sex practices, stigma, and empowerment.

Average meeting attendance: 10

HIV Support Group for Men

When: 1st and 3rd Wednesday of each month, 7:30 pm - 9:00 pm

Contact: Paul Keating, (617) 457-8142 x2445

Group description: Ongoing open group for all HIV+ men

Criteria: HIV+, letter of diagnosis

Discussion topics: Disclosure, dating, stigma, medications, side effects, employment, lifestyle changes, and social networking.

JRI HEALTH continued

Average meeting attendance: 8-10

Positive Crossroads

When: 1st, 3rd and 4th Mondays, 7:30 pm – 9:00 pm

Contact: Paul Keating, (617) 457-8142 x2445

Group description Ongoing group, for HIV+ men and women dealing with substance use histories

Criteria: HIV+, letter of diagnosis

Discussion topics: Living with HIV, side effect management, risk reduction, stigma, drug treatment, and disclosure.

Average meeting attendance: 8

WAS/DIVA (Women AIDS Survivors/Divine Individual Valuing my Assets)

When: Fridays, 11:00am – 1:00pm

Contact: Velisa Greene, (617) 457-8142, x2419

Description: This is a weekly educational support group for women of color living with HIV/AIDS that is run on a quarterly basis. New groups start in December 2008, and in March, June and September 2009.

Criteria: Letter of diagnosis

Discussion topics: Self esteem, prevention, sexual health, assertiveness, self care, coping skills

SPAN INC.

Latino Peer Support Group

When: Mondays, 12:30 pm -1:30 pm (weekly)

Contact person: Osvaldo Rivera, (617) 423-0750

Description: HIV infected and affected Spanish-speaking men, any age, ongoing group

Criteria: Span clients (offenders or ex-offenders), who have completed agency enrollment process (intake and orientation)

Topics: Positive prevention, recovery, medication adherence, communicating with doctors, medication side effects, disclosure issues, stigma issues

Incentives: participate in congregated meal

Average meeting attendance: 6

WHITTIER STREET HEALTH CENTER

Peer Support Group

When: Monthly, currently on every second Tuesday from noon -1:30 pm (but call peer support staff to confirm date)

Contact person: Sheryl Watkins, Peer Support Counselor, (617) 989-3134

Group description: open to any one living with HIV/AIDS (meeting is held in English, but interpreters are available for Spanish, Somali and/or Haitian Creole).

Discussion topics: Disclosure, relationships, HIV stigma, financial planning, legal issues, medication and treatment adherence and more.

Criteria: HIV+, letter of diagnosis

Average meeting attendance: 5-7

PEER AND STAFF CO-LED HIV SUPPORT GROUPS (Facilitated by HIV+ Peers and staff not identifying as HIV+)

AIDS ACTION COMMITTEE

Healing Our Community Collaborative Group

When: The 2nd Monday of every month, 11:30 am - 1:30 pm

Contact person: Heidi Bright (617) 285-7755, hbright@aac.org

Criteria: Open for women infected, affected, or at risk for HIV/AIDS.

Discussion topics: Topics for discussion have included: "What's Love Got to Do With It: Domestic Violence"; "Singing the Blues: Women, Depression, and HIV"; "Spirituality: Healing From Within"; "Sleeping Well and Feeling Good"; "To Tell or Not To Tell: Disclosure and Stigma". Other topics as requested by group members.

Average meeting attendance: 50-60 women

Other information: Lunch is provided. There are raffles and giveaways at each event. HOCC is a grassroots and collaborative prevention and education program that started nine years ago at New England Medical Center. This group is currently run in collaboration with JRI Health and Dimock Community Health Center.

Newly Diagnosed or Returning to Care Support Group

When: 1st three Tuesdays of every other month, 6:00 pm - 7:30 pm

Contact person: Emerson Miller, (617) 450-1221 or (617) 285-7755, emiller@aac.org

Group description: for all HIV men and women

Discussion topics: Varies based on participants' interests, including disclosure: to tell or not to tell, managing medication side effects, nutrition, finding an HIV doctor, living positively, HIV resources

Criteria: for all HIV+ men and women

Incentives: Food

Positive Providers Support Group

When: 2nd Wednesday of every month, 5:30 pm-7:30 pm

Contact person: Emerson Miller, (617) 450-1221 emiller@aac.org

Group description: For HIV positive men & women who are providers of HIV services and/or care

Discussion topics: Supportive topics of discussion will vary from month to month. There may be guest speakers, films or just fun!

Criteria: HIV+ providers of HIV services and/or care

Incentives: Food and raffles

BOSTON LIVING CENTER

Bridges for Life Program

When: Monday-Friday 9:30am -10:30am (breakfast); Monday-Friday 10:30 am – 12:00 pm (groups)

Contact person: Melanie Cohn-Hopwood, (617) 236-1012 x 250

Discussion topics: Group topics and facilitators vary; they include relationships, emotions, medical issues, substance use, recovery, harm reduction, stress management, and more.

Criteria: All HIV+ members

Average meeting attendance: 5-10

BOSTON LIVING CENTER continued

LIFE Program

When: Varies depending on the group cycle

Contact person: Betsy Simmons, (617) 236-1012 x 242

Discussion topics: The LIFE program is a time-limited (16-session) series focusing on improving immune function through mind-body-spirit connections. The program meets weekly and includes large and small groups as well as individual health counseling.

Criteria: All HIV+ members who commit to the 16-session schedule are eligible.

Average meeting attendance: varies

CAMBRIDGE CARES ABOUT AIDS

Women's Support Group

When: 2nd and 4th Tuesdays, 11:30 am -1:00 pm

Contact person: Dianna Smith (617) 661-3040

Criteria: Women living with HIV/AIDS enrolled in CCA services.

Discussion topics: Women supporting themselves and each other with regard to substance use, self-disclosure, relationships and other related topics.

Incentives: Food and gift certificates for attending 3 out of 4 groups.

Average meeting attendance: 10 - 14

Men's Support Group

When: 2nd and 4th Thursdays, 3:00 pm – 4:00 pm

Contact person: Sam Ellcock (617) 661-3040

Criteria: Men living with HIV/AIDS enrolled in CCA services.

Discussion topics: Men supporting themselves and each other with regard to substance use, self-disclosure, relationships and other related topics.

Incentives: Food and gift certificates for attending 3 out of 4 groups.

Average meeting attendance: 7 – 10

Gay and Bisexual Men's Group

When: 1st and 3rd Tuesdays, 3:00 pm – 4:00 pm

Contact person: James Murphy, (617) 661-3040

Criteria: Gay and Bisexual men living with HIV/AIDS enrolled in CCA services.

Discussion topics: An educational discussion group including topics such as housing, mental health, substance use, and relationships.

Incentives: Refreshments and gift certificates for attending 3 out of 4 groups.

Average meeting attendance: 4 - 6

Haitian Group

When: Meets 1st Friday, 11:00 am - 1:00 pm

Contact person: Lamos Paul (617) 661-3040

Criteria: Haitian men and women living with HIV/AIDS enrolled in CCA services.

Discussion topics: Health, wellness, immigration, housing, and employment as well as topics related to HIV.

Incentives: Food and gift certificates for attending 3 out of 4 groups.

Average meeting attendance: 15

Language: Haitian Creole

FENWAY COMMUNITY HEALTH

Newly HIV+ Group

When: Rotating, with cycles lasting three weeks

Contact person: Gail Beverly, (617) 927-6229

Group description: Open, time limited, for HIV+ people

Criteria: HIV+, support people welcome

Topics: Disclosure, medication, nutrition, resources

Average attendance: 6

MGH CHELSEA HEALTH CARE CENTER

HIV/AIDS Support Group

When: Every other Friday from 5:30 pm-7:00 pm (Spanish language); Every other Wednesday from 11:00 am - 12:30 pm (English language)

Contact: Vikki Segovia, (617) 887-4330

Description: The participants are a mixed gender, race, ethnicity, age, and sexuality. The meetings are open. Vikki is Spanish speaking.

Topics: Varies depending on needs and interests of the groups.

Criteria: HIV+, family and friends

Incentives: Food served and food vouchers

Language: English and Spanish

Average meeting attendance: English: 10 and Spanish: 10

MULTICULTURAL AIDS COALITION (MAC)

You R Not Alone

When: Call for details

Contact: Joshua Gambrell and Steven Fleury, (617) 238-2476

Description: For HIV+ gay, bisexual, heterosexual men of African or Latino descent

Topics: Living with HIV status, healthier diet, decreasing HIV risk and that of secondary infections, substance use/abuse

Incentives: Food served

Average meeting attendance: 6

SPAN Inc.

Thursday Night Reintegration Group

When: Thursdays, 5:45 pm – 7:00 pm, weekly

Contact person: Annie Montgomery (617) 423-0750

Description: HIV+ men who have enrolled in Span program (must be offender or ex-offender), any age, on-going group; open to women if 2 or more enroll

Criteria: Span clients (offenders or ex-offenders), w/ completed enrollment (intake & orientation)

Topics: Living with HIV post-release, recovery, medication adherence, taking charge of one's medical care, positive prevention, goal setting

Incentives: Meal once a month

Average meeting attendance: 8

STAFF-LED HIV SUPPORT GROUPS

BOSTON LIVING CENTER

Family Support and Education Group

When: Thursday evenings, 4:30 pm - 6:00 pm

Contact person: Betsy Kunkel, (617) 236-1012 x 224

Discussion topics: Educational support group for family members and caregivers of BLC members. Topics include: HIV/AIDS 101; Physical and Social Effects of HIV; HIV/AIDS Treatment; Body, Mind Spirit Approach to HIV; Prevention and Transmission.

Criteria: Partner, child, parent, loved one, or caregiver of a BLC member. Participants must be age 18+.

Average meeting attendance: varies

Latino Support Group (in Spanish, led by LHI)

When: Wednesday 1:00 - 2:30 pm

Contact person: Celixia Rodriguez (617) 236-1012 x222

Discussion Topics: Varies

Criteria: HIV+ BLC members fluent in Spanish.

Average Meeting Attendance: 5-10.

BOSTON MEDICAL CENTER

Un Cambio Positivo

When: Wednesdays, 1:30 pm – 3:00 pm (biweekly)

Criteria: For Spanish-speaking HIV+ people, BMC patients only

Contact: Lynda Shuster, (617) 414-7834

Discussion topics: A variety of topics, e.g., stages of change with HIV, STDs, treatment options, safer sex, etc.

Incentives: Food served

Average meeting attendance: 10

Language: Spanish

Other information: A bi-weekly educational support group conducted in Spanish, for men and women, run in collaboration with the Latin American Health Institute (LHI). If you are interested, to make a referral, please call Lynda Shuster, LICSW, at (617) 414-7834.

Women to Women

When: Wednesdays, 10:00 am – 11:30 am (bi-weekly)

Criteria: For HIV+ women, BMC patients only

Contact: Mary Ann Sparks, (617) 414-7830

Discussion topics: A variety of issues relevant to women living with HIV, women's health issues, women's life issues.

Incentives: Food served

Average meeting attendance: 6

Other information: A bi-weekly support group for women. If you are interested, or to make a referral, please call Mary Ann Sparks, LICSW, at (617) 414-7830.

BOSTON MEDICAL CENTER continued

Newly Diagnosed/Returning to Care Group

When: Wednesdays, 5:30 pm – 7:00 pm (6 sessions)

Criteria: For men and women diagnosed HIV+ within the past year or those who have been away from treatment and want to reconnect

Contact: Emile Baker, (617) 414-4641

Discussion topics: Learning about, and how to live with, HIV. Guest speakers from the ID clinic (e.g., nutritionist, RN, pharmacist, etc.) to provide information, answer questions and group sharing/support

Incentives: Food served

Average meeting attendance: 5

Other information: a six-session informational support group for men and women diagnosed within the past year or those who have been away from treatment and want to reconnect. Series repeats throughout the year. If you are interested, or to make a referral, please call Emile Baker, LICSW, at (617) 414-4641.

Positive HOPE

When: Thursdays, 10:00 am – 11:30 am (monthly)

Criteria: For HIV+ pregnant women, BMC prenatal patients only (can be getting HIV primary care elsewhere)

Contact: Lynda Shuster, (617) 414-7834

Discussion topics: Open

Incentives: Food served

Average meeting attendance: 4

Other information: a monthly support group for HIV+ pregnant women. If you are interested, or to make a referral, please call Lynda Shuster, LICSW at (617) 414-7834

Substance Abuse Group

When: Mondays, 2:00 pm – 3:00 pm (6 sessions)

Criteria: For people living with HIV/AIDS and struggling with substance use issues, BMC patients only

Contact: Jeanne Internicola, (617) 414-2854

Discussion topics: Open

Incentives: Food served

Average meeting attendance: 8

Other information: a six-session educational support group, for people questioning or trying to manage their substance use. Series repeats throughout the year. If you are interested, or to make a referral, please call Jeanne Internicola, LADC-I, at (617) 414-2854.

CCHER

Positive Living

When: Every Thursday, 11:00 am - 12:30 pm

Contact person: Bertonia Antoine, (617) 265-0628 x240

Description: For HIV+ men and women

Discussion topics: Mental health issues, depression, anxiety, adjustment disorder, etc.

Criteria: HIV+

Incentives: Food and transportation, gift cards

Average meeting attendance: 10

CCHER continued

Spirituality and Wellness Group

When: Every Monday, 3:00 pm - 4:30 pm

Contact person: Pastor Colbert Calixte, (617) 265-0628, ext. 240

Description: For HIV+ men and women, 20-80 years old, including newly diagnosed

Discussion topics: spirituality, medication adherence, coping skills etc.

Criteria: HIV+

Incentives: food and transportation, gift card

Average meeting attendance: 8

CONCILIO HISPANO

Peer Leaders Group

When: Tuesdays, 4:00 pm – 6:00 pm

Contact: Judith Ortiz, (617) 661-9406, jortiz@conciliohispano.org, and

Gabriel Roncancio, (617) 661-9406, groncanacio@conciliohispano.org

Group description: Latinas and Latinos over 18 years old, including anyone who is HIV positive and/or with substance abuse histories.

Discussion topics: Fundamentals on HIV, hepatitis, STDs and harm reduction, substance abuse, needle exchange, disclosure, medical and social services, etc.

Criteria: Latinas and Latinos over 18 years old.

Incentives: Food served and stipend

Language: Spanish

Average meeting attendance: 10

Women's Group

When: Friday, 3:00 pm – 5:00 pm

Contact: Judith Ortiz, (617) 661-9406, jortiz@conciliohispano.org, and

Gabriel Roncancio, (617) 661-9406, groncanacio@conciliohispano.org

Group description: Latinas over 18 years old, including anyone who is HIV positive and/or with substance abuse histories.

Discussion topics: Fundamentals on HIV, STDs, hepatitis and harm reduction, substance abuse, needle exchange, disclosure, medical and social services, immigration, sexual abuse/assault, domestic violence, and accessing supportive services.

Criteria: Latinas and Latinos over 18 years old.

Incentives: Food served and stipend

Language: Spanish

Average meeting attendance: 10

HIV+ Group

When: every other Wednesday, 3:00 pm – 5:00 pm

Contact: Cira Espinosa, (617) 661-9406, cespinoza@conciliohispano.org or

Jacqueline Cotto, (617) 661-9406 or e-mail to jcotto@conciliohispano.org

Group description: HIV+ Latinos and Latinas over 18 years old

Discussion topics: Funerary Preparations, Life Insurance, Money Management, Acupuncture, Alcohol/SA Education, Relapse Prevention, domestic violence, and others.

Criteria: HIV+

Incentives: Food served and stipend

Language: Spanish

Average meeting attendance: 10

FENWAY COMMUNITY HEALTH

HIV+ Support Group

When: Thursdays, noon – 1:00 pm

Contact: Christel at (617) 927-6240 or Ben at (617) 927-6321.

Group description: Open, time limited, 8 week cycles

Criteria: HIV+

Topics: Stress, behavioral change, nutrition

Average attendance: 8-10

Mind/Body Group

When: 10 week cycles on Wednesdays, 6:30 pm - 8:30 pm

Contact: Gail Beverly, (617) 927-6229

Group description: Open to HIV+ Fenway patients only

Topics: Stress, behavioral change, nutrition

Average attendance: 14

JANE E. SCHERBAN, LCSW, LMHC

HIV+ Support Group for Gay and Bisexual Men

When: Twice a month on Wednesdays, 6:00 pm - 7:30 pm

Contact: Jane Scherban, (617) 859-5806

Other information: On-going support group looking for members in Kenmore Square. Fee is \$15. Initial meeting required prior to joining support group.

HIV+ Support Group for Gay and Bisexual Men (Long Term Survivors)

When: Twice a month on Thursdays, 7:30 pm - 9:00 pm

Contact: Jane Scherban, (617) 859-5806

Other information: On-going support group looking for members in Kenmore Square. Fee is \$15. Initial meeting required prior to joining support group.

LATIN AMERICAN HEALTH INSTITUTE

LHI/BLC Therapeutic Latino Support Group

When: Every Wednesday, 1:00 pm – 2:00 pm at the Boston Living Center, 29 Stanhope Street.

Contact: Andrea Malagon Bonilla, MSW (617) 350-6900 x138

Description: This is an ongoing therapeutic group for all Latino men and women (coed) who have HIV/AIDS.

Topics: Mental health related topics

Criteria: For individuals living with HIV/AIDS; Boston Living Center membership required

Language: Spanish

Average meeting attendance: 8

LATIN AMERICAN HEALTH INSTITUTE continued

Women's Stabilization/Coping Skills Group

When: To Be Announced. Contact staff for dates/times; at the Latin American Health Institute, 95 Berkeley Street 6th Floor, Boston, MA 02116

Contact: Melisa Flores, (617) 350-6900 x 187

Description: This is an ongoing group open to Latina women.

Topics: Relapse Prevention, Substance Abuse, Trauma, Coping Skills among other topics

Criteria: Substance Abuse Issues or History of Substance Abuse and Trauma

Language: Spanish

Average meeting attendance: 6

MASSACHUSETTS GENERAL HOSPITAL

50ish Gay Men with HIV

When: 2 times per month, Fridays, 11:00 am - noon

Contact: Chuck McCorkle, (617) 726-5181

Group discussion: Ongoing group for 50ish gay men. Support around HIV and aging.

Discussion topics: Support around HIV, getting older and being gay.

Criteria: Open, based on availability

Average meeting attendance: 5

Other information: please call

Parents of Adults living with HIV

When: 2 times per month, Wednesdays, noon

Contact: Sandy McLaughlin, (617) 724-0050

Group description: Parents of adults living with HIV

Discussion topics: Supporting adult children, education about the illness

Criteria: Open

Size of group membership: Varies, 3-6

Other information: please call

Women with HIV

When: 2 times per month, Fridays, 11:00 am - 12:30 pm

Contact: Sandy McLaughlin, (617) 724-0050 and Jen Kubic, (617) 724-2476

Group description: Ongoing support for women with HIV

Discussion topics: Support around issues of living with HIV

Criteria: Based on open current membership

Average meeting attendance: 6

Other information: please call

MULTICULTURAL AIDS COALITION (MAC)

Casa Iris Support Group

When: Mondays, 5:00 pm – 8:00 pm

Contact: Giovanni Hernandez or Christina Surez, (617) 238-2493

Description: Group for men and women, infected or affected, aged 20+

Topics: Comprehensive HIV treatment and substance abuse

Incentives: Food

Language: Spanish

Average meeting attendance: 15

OTHER HIV PEER SUPPORT ACTIVITIES

BOSTON LIVING CENTER

Cyberspace Computer Training

When: Monday, 2:00 pm – 8:00 pm; Tues. – Thurs., noon – 6:00 pm; Friday, noon – 5:00 pm

Contact person: Joe Lemieux, (617) 236-1012 x253

Criteria: Open to HIV+ members

More information: Most participants are 30+, learning Word, and returning to the workforce

Express Yourself – Expressive Art Classes

When: Express Yourself: Fridays, 1:00 pm - 3:00pm; Beaded Jewelry: Tuesdays, 1:30 pm - 3:00 pm, other classes at various times (call for more information)

Contact person: Celixia Rodriguez, 617-236-1012 x222

Discussion topics: Drawing, painting, crafts, photography, beaded jewelry, knitting, sewing.

Criteria: All HIV+ members are welcome.

Average meeting attendance: 5-10

Meals Program

When: Monday, Wednesday and Thursday Dinners, 6:00 pm – 7:00 pm; Tuesday - Friday Lunch, noon -1:30 pm.

Specialty dinners monthly for:

- Encounters Dinner for Gay/Bi Men (1st Wed),
- Soul Food/African American Dinner (2nd Wed)
- Latino Dinner (3rd Wed)
- Women's Dinner (4th Wed)

Criteria: HIV+ members are welcome at all meals. Friends and family welcome as guests for meals a few times per month.

Yoga, Reiki, Energy Healing, Massage, Haircuts

When: Call for appointments, (617) 236-1012

Criteria: Open to HIV+ members

CAMBRIDGE CARES ABOUT AIDS

Expressions

When: 2nd and 4th Thursday, noon - 1:30 pm

Contact person: Carla Anderson, (617) 661-3040

Criteria: Men and women living with HIV/AIDS enrolled in CCA services.

Discussion topics: Opportunity to socialize while working on fun art projects. No previous experience in art required.

Incentives: Lunch; gift certificates for attending 3 out of 4 groups.

Average meeting attendance: 10 -12

Individual Support

When: As needed

Contact person: Gretchen Hill, Peer Support Program Manager, (617) 599-0218

Description: One-on-one supportive sessions with a Peer Leader including off-site hospital visits and accompanying clients to appointments with new providers. Other services provided as appropriate.

Language: English

Drop-In Spot

When: Monday-Friday, 9:00 am – 5:00 pm

Contact person: Gretchen Hill, Peer Support Program Manager, (617) 599-0218

Description: A social drop in center staffed by Peer Leaders offering social activities, clothing and hygiene resources, daily snacks, congregate meals, telephone access, internet access, movies/television, and other special events.

CCHER

Peer Support Social Activities

Contact: Alexis Gerard, (617) 265-0628

Description: Mother's Day, Christmas, Thanksgiving Dinner, World AIDS Day, Annual Retreat; everyone welcome, including family

Incentives: Food and transportation

Size of group: 40

Social Service

When: Once a month

Contact: Florence Saintiche, (617) 265-0628 x238

Description: For HIV+ clients, men and women, age 20-80; home and hospital visitation and interpretation if needed

Average meeting attendance: 2

ESL class (English as a Second Language)

Contact person: Florence Saintiche, 617-265-0628 ext. 228

When: Mondays & Wednesdays 5:00 -7:00 pm

THE DIMOCK CENTER

Consumer Educational Luncheon

When: Last Monday of each month

Contact person: Chevelle Sloan, (617) 442-8800 x1391

Topics: Varies from month to month, patient driven topics

Criteria: HIV Positive

Incentives: Lunch is provided

Average meeting attendance: 5-10

Language: English

JRI HEALTH

HIV Stops With Us (www.hivstopswithus.org)

When: 24-7 Online support, resources and referrals for people living with and at risk of HIV

Contact: Paul Keating, (617) 457-8142 x2445

Description: Positive prevention messages, media campaign, anti-stigma campaign, national emphasis and locally based

Language: English and Spanish

Other information: online interaction- ability to chat with spokesmodels

Average number of hits per month: 750

Thrive Mondays

When: Monthly, 2nd Monday, 6:00 pm – 11:00 pm

Contact: Paul Keating, (617) 457-8142 x2445

Program description: A social event for HIV+ people and friends for a night of fun, raffles and food. HIV-relevant educational forum and dinner held from 6:00 to 7:30 p.m., followed by social events featuring videos, music, snacks, raffles and friendship from 7:30 to 11:00 p.m.

Incentives: Food

Average # per event: 80-100

Provider Networking Breakfast

When: Monthly, 3rd Tuesday, 9:00 am – 11:00 am

Contact: Meredith Gilbert, (617) 457-8142 x2423

Description: A monthly gathering of HIV service providers, including those living with HIV, to share information about difference agency services; includes presentations, treatment and HIV updates

Criteria: HIV provider

Incentives: Food

MGH CHELSEA HEALTH CARE CENTER

EMMS HIV/AIDS Program (Enhanced Medical Management Services)

When: 5 days a week, 8 hours/day

Contact: Mary McComish ACRN,BSN, (617) 887-3741

Description: This program is funded by the Mass DPH to offer positive prevention interventions, regardless of gender, race, ethnicity, age or sexuality. Program provides for more in-depth positive prevention teaching.

Topics: Living with HIV, medication teaching, disclosures, coping, social case management needs.

Criteria: HIV+

Incentives: Primary care at Health Center, food vouchers

Language: English/Spanish

Other information: Most interventions are done on a one-to-one basis.

SPAN INC.

Congregate Meals Program: Monday, Tuesday, Thursday, and Friday Lunches

When: 11:30 am - 1:00 pm, 4 meals a week

Contact person: Jack Harper, (617) 423-0750

Description: For HIV+ men and women, offenders and ex-offenders; nutrition information and education provided as well as informal peer support

Criteria: Enrolled in Span program

Incentives: Food and support
Average attendance: 5

Other HIV Peer Support Activities

When: Various times

Contact person: Jack Harper, (617) 423-0750

Description: For HIV+ men and women ex-offenders, social activities such as card games, chess tournaments, field trips and events such as World AIDS Day, annual AIDS Walk, and Family Day

Criteria: Enrolled in Span program, member must be participating in a group

Incentives: Food at times, transportation tokens,

Average attendance: 5

Strength in Numbers (SIN) Boston

Online Support

Contact person: Moderator SINBoston

Phone: N/A

Email: SINBoston@yahoogroups.com

Website: <http://health.groups.yahoo.com/group/SINBoston/>

Program Description: The Boston chapter of a not-for-profit global online social network for HIV+ gay men. This group allows POZ guys in the Greater Boston area to better communicate with each other directly, share information and plan group outings.

Criteria for participation: HIV+ gay men in the Greater Boston area.

Other information: Individual events may be hosted by members, which will have physical locations and may have additional criteria for participation

Incentives for participation: Interaction with other local HIV+ gay men. Access to events set up by members.

Language: program facilitated in:

English primarily. Though any language could be used by members.

Average attendance:

Membership is currently 150.

ONLINE SUPPORT

HIV Stops With Us (www.hivstopswithus.org)

When: 24-7 Online support, resources and referrals for people living with and at risk of HIV

Contact: Paul Keating, (617) 457-8142 x2445

Description: Positive prevention messages, media campaign, anti-stigma campaign, national emphasis and locally based

Language: English and Spanish

Other information: online interaction- ability to chat with spokesmodels

Average number of hits per month: 750

Strength in Numbers (SIN) Boston

Contact person: Moderator SINBoston

Phone: N/A

Email: SINBoston@yahoogroups.com

Website: <http://health.groups.yahoo.com/group/SINBoston/>

Program Description: The Boston chapter of a not-for-profit global online social network for HIV+ gay men. This group allows POZ guys in the Greater Boston area to better communicate with each other directly, share information and plan group outings.

Criteria for participation: HIV+ gay men in the Greater Boston area.

Other information: Individual events may be hosted by members, which will have physical locations and may have additional criteria for participation

Incentives for participation: Interaction with other local HIV+ gay men. Access to events set up by members.

Language: program facilitated in: English primarily. Though any language could be used by members.

Average attendance: Membership is currently 150.

Spanish Language Peer Support Groups and Activities

BOSTON LIVING CENTER

Latino Support Group (in Spanish, led by LHI)

When: Wednesday 1:00 pm - 2:30 pm

Contact person: Celixia Rodriguez (617) 236-1012 x222

Discussion Topics: Varies

Criteria: HIV+ BLC members fluent in Spanish.

Average Meeting Attendance: 5-10.

BOSTON MEDICAL CENTER

Un Cambio Positivo

When: Wednesdays, 1:30 pm – 3:00 pm

Criteria: For Spanish-speaking HIV+ people, BMC patients only

Contact: Lynda Shuster, (617) 414-7834

Discussion topics: Variety of topics, e.g., stages of change with HIV, STDs, treatment options, safer sex, etc.

Incentives: Food served

Average meeting attendance: 10

CAMBRIDGE CARES ABOUT AIDS

Latino Group

When: 2nd and 4th Fridays noon – 2:00 pm

Contact person: Dan Ayala (617) 661-3040

Criteria: Latino men and women living with HIV/AIDS enrolled in CCA services

Discussion Topics: Health, wellness, and substance use issues, as well as all HIV-related topics facing Latino people.

Incentives: Food and gift certificates for attending 3 out of 4 groups.

Average meeting attendance: –7 - 10

Language: Spanish

CENTRO LATINO DE CHELSEA

Vidas Unidas

When: Every other Thursday and Saturday, Noon – 2:00 pm

Contact person: Sindia Jimenez, (617) 884-3238 x216, Sjimenez@centrolatino.org

Group description: The support group is composed of men and women, including transgender men and women. Participants are HIV positive adult Latinos/as from the area of Chelsea, Revere, Winthrop, East Boston, and surrounding areas. This is an ongoing weekly support group.

Criteria: Participants have to be HIV positive or HIV/AIDS affected clients from our caseload. Although we welcome clients from any type of settings, this support group is not open to the public. In order to participate in groups, participants have to become a program member based on program criteria for participation. We take referrals from any type of settings.

Discussion topics: Open discussion, family disclosure, HIV/AIDS related topics such as: hepatitis, tuberculosis, STDs, HIV re-infection, diabetes, relaxation, housing, welfare, etc...

Average meeting attendance: 4 to 5

Other information: The group provides its participants with a hot on site meal. This group is conducted in a confidential setting in our agency which allows for the client to fully participate confidently and in a safe environment.

Language: Spanish

CONCILIO HISPANO

Peer Leaders Group

When: Tuesdays, 4:00 pm – 6:00 pm

Contact: Judith Ortiz, (617) 661-9406, jortiz@conciliohispano.org, and Gabriel Roncancio, (617) 661-9406, groncanacio@conciliohispano.org

Group description: Latinas and Latinos over 18 years old, including anyone who is HIV positive and/or with substance abuse histories.

Discussion topics: Fundamentals on HIV, hepatitis, STDs and harm reduction, substance abuse, needle exchange, disclosure, medical and social services, etc.

Criteria: Latinas and Latinos over 18 years old.

Incentives: Food served and stipend

Language: Spanish

Average meeting attendance: 10

Women's Group

When: Friday, 3:00 pm – 5:00 pm

Contact: Judith Ortiz, (617) 661-9406, jortiz@conciliohispano.org, and Gabriel Roncancio, (617) 661-9406, groncanacio@conciliohispano.org

Group description: Latinas over 18 years old, including anyone who is HIV positive and/or with substance abuse histories.

Discussion topics: Fundamentals on HIV, STDs, hepatitis and harm reduction, substance abuse, needle exchange, disclosure, medical and social services, immigration, sexual abuse/assault, domestic violence, and accessing supportive services.

Criteria: Latinas and Latinos over 18 years old.

Incentives: Food served and stipend

Language: Spanish

Average meeting attendance: 10

HIV+ Group

When: every other Wednesday, 3pm-5pm

Contact: Cira Espinosa, (617) 661-9406, cespinoza@conciliohispano.org or Jacqueline Cotto, (617) 661-9406 or e-mail to jcotto@conciliohispano.org

Group description: HIV+ Latinos and Latinas over 18 years old

Discussion topics: Funerary Preparations, Life Insurance, Money Management, Acupuncture, Alcohol/SA Education, Relapse Prevention, domestic violence, and others.

Criteria: HIV+

Incentives: Food served and stipend

Language: Spanish

Average meeting attendance: 10

THE DIMOCK CENTER

Latino Group

When: Every Friday, 1:00 pm - 2:30 pm

Contact person: Jose Santos (617) 442-8800 X1325

Group description: HIV + men and women; open group.

Topics: Health, wellness, and substance abuse issues, as well as all HIV-related topics facing Latino people.

Incentives: Food, transportation

Average meeting attendance: 10-15

Language: Spanish

HISPANIC OFFICE OF PLANNING & EVALUATION (HOPE)

Centro de Apoyo Pedro Zamora

When: Wednesdays, 6:00 pm – 8:00 pm

Contact: Israel Flores, (617) 524-8888 x128

Description: For HIV+ Latino/as, Heterosexual, Gay, Transgender. HIV+ youth welcome. Open group. Must become clients if need referral or transportation services

Criteria: Do intake at HOPE. Be sober. Family welcome.

Incentives: Food served, MBTA transportation provided for clients only.

Average meeting attendance: 10+

JRI HEALTH

HIV Stops With Us (www.hivstopswithus.org)

When: 24-7 Online support, resources and referrals for people living with and at risk of HIV

Contact: Paul Keating, (617) 457-8142 x2445

Description: Positive prevention messages, media campaign, anti-stigma campaign, national emphasis and locally based

Language: English and Spanish

Other information: online interaction- ability to chat with spokesmodels

Average number of hits per month: 750

LATIN AMERICAN HEALTH INSTITUTE

LHI/BLC Therapeutic Latino Support Group

When: Every Wednesday, 1:00 pm – 2:00 pm at the Boston Living Center, 29 Stanhope Street.

Contact: Andrea Malagon Bonilla, MSW (617) 350-6900 x138

Description: This is an ongoing therapeutic group for all Latino men and women (coed) who have HIV/AIDS.

Topics: Mental health related topics

Criteria: For individuals living with HIV/AIDS; Boston Living Center membership required

Language: Spanish

Average meeting attendance: 8

Women's Stabilization/Coping Skills Group

When: To Be Announced contact staff for dates/times; at the Latin American Health Institute, 95 Berkerley Street 6th Floor, Boston, MA 02116

Contact: Melisa Flores, (617) 350-6900 x 187

Description: This is an ongoing group open to Latina women.

Topics: Relapse Prevention, Substance Abuse, Trauma, Coping Skills among other topics

Criteria: Substance Abuse Issues or History of Substance Abuse and Trauma

Language: Spanish

Average meeting attendance: 6

MGH CHELSEA HEALTH CARE CENTER

HIV/AIDS Support Group

When: Every other Friday, 5:30 pm - 7:00 pm

Contact: Vikki Segovia, (617) 887-4330

Description: The participants are a mixed gender, race, ethnicity, age, and sexuality. The meetings are open.

Topics: Varies depending on needs and interests of the groups.

Criteria: HIV+, family and friends

Incentives: Food served and food vouchers

Average meeting attendance: 10

EMMS HIV/AIDS Program (Enhanced Medical Management Services)

When: 5 days a week, 8 hours/day

Contact: Mary McComish ACRN,BSN, (617) 887-3741

Description: This program is funded by the Mass DPH to offer positive prevention interventions, regardless of gender, race, ethnicity, age or sexuality. Program provides for more in-depth positive prevention teaching.

Topics: Living with HIV, medication teaching, disclosures, coping, social case management needs.

Criteria: HIV+

Incentives: Primary care at Health Center, food vouchers

Other information: Most interventions are done on a one-to-one basis.

MULTICULTURAL AIDS COALITION (MAC)

Casa Iris Support Group

When: Mondays, 5:00 – 8:00 pm

Contact: Giovanni Hernandez or Christina Surez, (617) 238-2493

Description: Group for men and women, infected or affected, aged 20+

Topics: Comprehensive HIV treatment and substance abuse

Incentives: Food

Language: Spanish

Average meeting attendance: 15

SPAN INC.

Latino Peer Support Group

When: Mondays 12:30 pm - 1:30 pm weekly

Contact person: Osvaldo Rivera, (617) 423-0750

Description: HIV infected or affected, Spanish-speaking men and women offenders and ex-offenders, any age, ongoing group

Criteria: Span clients who have completed the enrollment process (intake and orientation)
Topics: Positive prevention, recovery, medication adherence, communicating with doctors, medication side effects, disclosure issues, stigma issues
Incentives:
Average meeting attendance: 6
Language: Spanish

Grupos de Apoyo Dirigidos por Personas VIH+ (Líderes Pares) y Actividades en Español

BOSTON MEDICAL CENTER

Un Cambio Positivo

Cuando: Los miércoles, 1:30 pm - 3:00 pm

Criterios para participar: Para Hispanos VIH+, solo pacientes de Boston Medical Center

Persona a contactar: Lynda Shuster, (617) 414-7834

Temas de discusión: Variedad de temas, p.ej, etapas de cambio con VIH, STDs, opciones de tratamiento, safer sexo, etc.

Incentivos: Hay comida

CAMBRIDGE CARES ABOUT AIDS

Grupo para participantes Latinos

Cuando: 2nd and 4th Viernes, 12:00 pm – 2:00 pm

Persona de contacto: Dan Ayala (617) 661-3040

Requisito para participar: Hombres y mujeres que viven con el VIH/SIDA envueltos con CCA

Tema de Discurso: La Salud, el bienestar, relatos sobre el uso y abuso de drogas, otros asuntos relacionados a el HIV y el impacto de este a la comunidad Latina.

Incentivos: Habrá alimento y certificados de oferta para toda persona que participe en 3 o 4 grupos.

Numero de participantes: 7 - 10

Idioma: Español

CENTRO LATINO DE CHELSEA

Vidas Unidas

Cuando: Cada otro jueves y sábado, 12:00 pm – 2:00 pm

Persona a contactar: Sindia Jimenez (617) 884-3238 x216, Sjimenez@centrolatino.org

Descripción de grupo: El grupo de apoyo es para hombres, mujeres y personas transgéneros. Participantes son adultos Latinos VIH positivos del área de Chelsea, Revere, Winthrop, y East Boston. Esto es un grupo de apoyo semanal continuo.

Criterios para participar: Participantes tienen que ser clientes de Centro Latino afectados o infectados con VIH. Aunque clientes diversos son bienvenidos este grupo de apoyo no es abierto al público. Para participar en los grupos, participantes tienen que hacerse miembros del programa según los criterios de participación. Aceptamos referidos.

Temas de discusión: Discusión abierta, divulgar su estatus a seres queridos, temas relacionados con el VIH/SIDA tales como: la hepatitis, el tuberculosis, las enfermedades transmitidas sexualmente, la re-infección con VIH, la diabetes, la relajación, vivienda, el bienestar público, entre otros.

Idioma: español

Promedio de asistencia: 4 a 5

Otra información: El grupo provee una comida caliente a sus participantes. Este grupo se reúne en una área segura y confidencial lo cual hace posible que el cliente pueda participar en confianza.

CONCILIO HISPANO

Grupo Manejado por Líderes (Personas VIH+)

Cuando: martes, 4:00 pm – 6:00 pm

Personas a contactar:

Judith Ortiz, (617) 661-9406 o por correo electrónico a jortiz@conciliohispano.org

Gabriel Roncancio, (617) 661-9406 o por correo electrónico a groncanacio@conciliohispano.org

Descripción: Latinas y Latinos mayores de 18 años, incluyendo a cualquier persona que sea VIH positiva y/o con historia de abusos de sustancias.

Temas de discusión: Fundamentales de VIH, infecciones transmitidas sexualmente, Hepatitis, reducción de riesgos, uso de sustancias, intercambios de jeringuillas, divulgación, servicios médicos y sociales, etc.

Criterio: Latinas y Latinos mayores de 18 años

Incentivos: Food served and stipend

Language: Spanish

Promedio de asistencia: 10

Grupo para Mujeres

Cuando: viernes, 3:00 pm – 5:00 pm

Personas a contactar:

Judith Ortiz, (617) 661-9406 o por correo electrónico a jortiz@conciliohispano.org

Gabriel Roncancio, (617) 661-9406 o por correo electrónico a groncanacio@conciliohispano.org

Descripción: Latinas mayores de 18 años, incluyendo a cualquier persona que sea VIH positiva y/o con historia de abusos de sustancias.

Temas de discusión: Fundamentales de VIH, infecciones transmitidas sexualmente, Hepatitis, reducción de riesgos, uso de sustancias, intercambios de jeringuillas, divulgación, servicios médicos y sociales, etc.

Criterio: Latinas y Latinos mayores de 18 años

Incentivos: incentivos y refrigerios

Lenguaje: Español

Promedio de asistencia: 10

Grupo para personas Positivas

Cuando: miércoles intercalados de 3:00 pm - 5:00 pm

Contact:

Cira Espinosa, (617) 661-9406 o por correo electrónico a cespinosa@conciliohispano.org

Jacqueline Cotto, (617) 661-9406 o por correo electrónico a jcotto@conciliohispano.org

Descripción: Latinas y Latinos mayores de 18 años que sean VIH positivos

Temas de discusión: preparaciones funerarias, seguros de vida, administración de dinero, acupuntura, educación de alcohol y drogas, prevención de recaída, violencia domestica y otros temas.

Criteria: HIV+

Incentivos: incentivos y refrigerios

Lenguaje: Español

Promedio de asistencia: 10

HISPANIC OFFICE OF PLANNING & EVALUATION (HOPE)

Centro de Apoyo Pedro Zamora

Cuando: los miércoles, 6:00 pm – 8:00 pm

Persona a contactar: Israel Flores, (617) 524-8888 xt128

Descripción de grupo: Para Latinos/as VIH+, heterosexuales, homosexuales/gay, transgeneros. Jovenes VIH+ bienvenidos. Grupo abierto. Para obtener referidos o servicios de transporte, se requiere hacerse cliente.

Criterios para participar: Entrevista inicial en HOPE. Ser sobrio. Familias bienvenidas.

Incentivos: Hay comida, solo se provee transporte por MBTA a clientes.

Promedio de asistencia: 10+

LATIN AMERICAN HEALTH INSTITUTE

LHI/BLC Grupo de Apoyo Terapéutico Latino

Cuando y donde: Los miércoles, 1:00 pm - 2:00 pm en el Boston Living Center.

Persona a contactar: Andrea Malagon Bonilla, (617) 350-6900 x138

Descripción del grupo: Este es un grupo terapéutico para todo hombre/mujer que viva con VIH/SIDA.

Temas de discusión: Temas relacionados con la salud mental

Quiénes participan: Personas que vivan con VIH/SIDA; se requiere ser miembro del Boston Living Center.

Lenguaje: Español

Promedio de asistencia: 8

Grupo de Mujeres de Estabilización y Destrezas Para Manejar Dificultades

Cuando y donde: Contactese con la persona asignada para verificar día/hora; en el Instituto de Salud Latinoamericano, 95 Berkeley Street, 6th Piso, Boston, MA 02116.

Persona a contactar: Melissa Flores, Melisa Flores, (617) 350-6900 x187

Descripción de grupo: Este es un grupo semanal para mujeres Latinas.

Temas de discusión: Prevención para no recaer en abuso de sustancias, trauma, destrezas para manejar dificultades y otros temas.

Quiénes participan: Historia de abuso de sustancias o que están usando y Trauma.

Lenguaje: Español

Promedio de asistencia: 6

MGH CHELSEA HEALTH CARE CENTER

Grupo de Apoyo VIH/SIDA

Cuando: Cada otro viernes, 5:30 pm - 7:00 pm

Persona a contactar: Vikki Segovia, (617) 887-4330

Descripción de grupo: Los participantes son de diferentes géneros, razas, etnias, edades y sexualidades. Las reuniones son abiertas.

Temas de discusión: Varían dependiendo de las necesidades e intereses de los grupos.

Criterios para participar: VIH+, familias y amigos

Incentivos: Hay comida y vales de comida

Promedio de asistencia: 10

EMMS HIV/AIDS Program (Enhanced Medical Management Services)

Cuando: 5 días a la semana, 8 horas/día

Persona a contactar: Mary McComish ACRN,BSN, (617) 887-3741

Descripción: Este programa recibe fondos del Departamento de Salud para ofrecer intervenciones de prevención positiva, sin importar el género, la raza, etnia, edad o sexualidad. El programa da para proveer enseñanza más comprensiva sobre la prevención positiva.

Temas de discusión: Viviendo con VIH, medicamentos, como/cuando divulgar su estatus, lidiar con dificultades, necesidades para servicios sociales.

Criterios: VIH+

Incentivos: Recibir cuidado médico primario en el Health Center, vales de comida

Otra información: La gran parte de las intervenciones se hacen uno-a-uno.

SPAN INC.

Grupo de Apoyo de Pares Latinos

Cuando: Los lunes, 12:30 pm - 1:30 pm

Persona a contactar: Osvaldo Rivera, (617) 423-0750

Descripción de grupo: VIH+ y gente afectado por VIH, gente Hispano-parlante, de toda edad, grupo continuo

Criterios para participar: Clientes de Span (personas que han sido convictos o ex-confinados), quienes han hecho una entrevista inicial y se han inscrito

Temas de discusión: Adherencia a los medicamentos, comunicando con doctores, efectos secundarios, la recuperación, asuntos sobre divulgar su estatus, asuntos de estigma.

Incentivos:

Pormedio de asistencia: 6

Idioma: Español

Haitian-Creole/French Language Peer Support Groups and Activities

CCHER

Positive Living

When: Every Thursday, 1100 am - 12:30 pm

Contact person: Bertonia Antoine, (617) 265-0628 x240

Description: For HIV+ men and women

Discussion topics: Mental health issues, depression, anxiety, adjustment disorder, etc.

Criteria: HIV+

Incentives: Food and transportation

Average meeting attendance: 10

Spirituality and Wellness Group

When: Every Monday, 3:00 pm - 4:30 pm

Contact person: Pastor Colbert Calixte, (617) 265-0628, ext. 240

Description: For HIV+ men and women, 20-80 years old, including newly diagnosed

Discussion topics: spirituality, medication adherence, coping skills etc...

Criteria: HIV+

Incentives:

Average meeting attendance: 8

Peer Support Social Activities

Contact: Alexis Gerard, (617) 265-0628

Description: Mother's Day, Christmas, Thanksgiving Dinner, World AIDS Day, Annual Retreat; everyone welcome, including family

Incentives: Food and transportation

Size of group: 40

Social Service

When: Once a month

Contact: Florence Saintiche, (617) 265-0628 x238

Description: For HIV+ clients, men and women, age 20-80; home and hospital visitation and interpretation if needed

Average meeting attendance: 2

ESL class

Contact person: Florence Saintiche, 617-265-0628 ext. 228

When: Mondays & Wednesdays 5 -7pm

INDEX

Accessibility for Deaf Persons **1**
AIDS Action Committee **3, 13, 19**
American Sign Language **1**
Art project groups **29**
Boston Living Center **3, 14, 15, 19, 20, 23, 29, 35**
Boston Medical Center **4, 23, 24, 35, 40**
Cambridge Cares About AIDS **4, 20, 29, 35, 40**
CART reporting **1**
Center for Community Health, Education, and Research (CCHER) **5, 24, 25, 30**
Centro Latino de Chelsea **5, 15, 35, 40**
Concilio Hispano, Inc. **6, 25, 36, 41**
Computer training **29**
DEAF Inc. **6, 15**
Deaf support group **14, 15**
The Dimock Center **7, 16, 30, 37**
Energy healing **29**
ESL class **30**
Family support **23**
Fenway Community Health **7, 21, 26**
Gay and bisexual men support groups **14, 20, 26, 27**
Haitian-Creole language services **45**
Haitian-Creole language support groups **20, 45**
Health Awareness Services **7, 16**
Healing Our Community Collaborative (HOCC) **8, 19**
Healthy Relationships support group **14**
Hispanic Office of Planning & Evaluation (HOPE) **8, 17, 37, 41**
HIVstopswithus.org **30, 33**
Jane E. Scherban **9, 26**
JRI Health **9, 17, 18, 30, 31, 37**
Latin-American Health Institute **9, 26, 27, 42**
Latino/a support groups **15-18, 23, 25-27**
Long-term survivor support groups **13, 17, 26**
Massachusetts Commission for the Deaf and Hard of Hearing **1**
Massachusetts General Hospital **10**
Massage **29**
Meals **13, 29-31**
Men of color support group **18, 21**
Men's support groups **13, 14, 16, 17, 20, 21, 26**
MGH Chelsea Health Care Center **10, 21, 31, 38, 42**
Multicultural AIDS Coalition (MAC) **10, 21, 27, 38**
Newly diagnosed/ returning to care support groups **19, 21, 24**
Offender/ex-offender support groups **18, 21**
Online support group **31-33**
Parents of adults with HIV **27**
Peer support trainings **55-56**
Positive prevention **31**
Positive Provider support group **19**
Pregnant women **24**

Recovery **14, 16, 18, 19**
Reiki **29**
SPAN, Inc. **11, 18, 21, 31, 38, 43**
Spanish language services **35-43**
Spanish language support groups **15-18, 21, 23, 25-27, 35-43**
Social activities **30-32**
Spirituality groups **14, 25**
Strength in Numbers **11, 32, 33**
Substance use/abuse groups **16, 18, 19, 24**
Time-limited groups **20, 24, 26**
Whittier Street Health Center **12, 18**
Women of color **18, 27**
Women's support groups **13, 15, 16, 18-20, 23, 25, 27**
Writer's group **13**
Yoga **29**

CALENDAR OF SUPPORT GROUPS*

CALENDAR - MONDAYS

1 st Mondays	2 nd Mondays	3 rd Mondays	4 th Mondays	5 th Mondays /Other
Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)
Latino Peer Support SPAN 12:30 pm - 1:30 pm (p.18)	HOCC AIDS Action Committee 11:30 am - 1:30 pm (p.19)	Community Lunch AIDS Action Committee Noon – 2:00 pm (p.13)	Latino Peer Support SPAN 12:30 pm - 1:30 pm (p.18)	Latino Peer Support SPAN 12:30 pm - 1:30 pm (p.18)
Spirituality and Wellness CCHER 3:00 pm - 4:30 pm (p.25)	Latino Peer Support SPAN 12:30 pm - 1:30 pm (p.18)	Latino Peer Support SPAN 12:30 pm - 1:30 pm (p.18)	Spirituality and Wellness CCHER 3:00 pm - 4:30 pm (p.25)	Substance Abuse Group Boston Medical Center 6 sessions 2:00 pm - 3:00 pm (p.24)
Casa Iris Support Group MAC 5:00 pm - 8:00 pm (p.27)	Spirituality and Wellness CCHER 3:00 pm - 4:30 pm (p.25)	Spirituality and Wellness Group CCHER 3:00 pm - 4:30 pm (p.25)	Casa Iris Support Group MAC 5:00 pm - 8:00 pm (p.27)	Spirituality and Wellness CCHER 3:00 pm - 4:30 pm (p.25)
Positive Changes – Chat Before Dinner Boston Living Center 5:00 pm - 6:00 pm (p.14)	Casa Iris Support Group MAC 5:00 pm - 8:00 pm (p.27)	Casa Iris Support Group MAC 5:00 pm - 8:00 pm (p.27)	Positive Changes – Chat Before Dinner Boston Living Center 5:00 pm - 6:00 pm (p.14)	Deaf Support Group Boston Living Center Alternate Mondays 4:30 pm – 5:30 pm (p.14)
Spirituality Group Boston Living Center 7:00 pm - 8:30 pm (p.14)	Positive Changes – Chat Before Dinner Boston Living Center 5:00 pm - 6:00 pm (p.14)	Positive Changes – Chat Before Dinner Boston Living Center 5:00 pm - 6:00 pm (p.14)	Spirituality Group Boston Living Center 7:00 pm - 8:30 pm (p.14)	Casa Iris Support Group MAC 5:00 pm - 8:00 pm (p.27)
Positive Crossroads JRI Health 7:30 pm – 9:00 pm (p.18)	Spirituality Group Boston Living Center 7:00 pm - 8:30 pm (p.14)	Spirituality Group Boston Living Center 7:00 pm - 8:30 pm (p.14)	Positive Crossroads JRI Health 7:30 pm – 9:00 pm (p.18)	Positive Changes – Chat Before Dinner Boston Living Center 5:00 pm - 6:00 pm (p.14)
		Positive Crossroads JRI Health 7:30 pm – 9:00 pm (p.18)		Spirituality Group Boston Living Center 7:00 pm - 8:30 pm (p.14)

*** This is a listing of support groups and does not list every peer support activity.**

CALENDAR - TUESDAYS

1st Tuesdays	2nd Tuesdays	3rd Tuesdays	4th Tuesdays	5th Tuesdays /Other
Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)
Women's HOCC Weekly AIDS Action Committee 11:00 am - noon (p.13)	Women's Support Group Cambridge Cares 11:30 am -1:00 pm (p.20)	Women's HOCC Weekly AIDS Action Committee 11:00 am - noon (p.13)	Women's Support Group Cambridge Cares 11:30 am - 1:00 pm (p.20)	Men's Health AIDS Action Committee 4:00 pm – 5:30 pm (p.13)
Gay and Bisexual Men Cambridge Cares 3:00 pm - 4:00 pm (p. 20)	Peer Support Group Whittier Street Health Center Noon – 1:30 pm (p.18)	Gay and Bisexual Men Cambridge Cares 3:00 pm - 4:00 pm (p. 20)	Gay and Bisexual Men Boston Living Center 12:30 pm – 1:30pm (p.14)	Peer Leaders Group Concilio Hispano 4:00 pm – 6:00 pm (p.25)
Men's Health AIDS Action Committee 4:00 pm – 5:30 pm (p.13)	Women's HOCC Weekly Boston Living Center 1:00 pm – 2:00 pm (p.13)	Men's Health AIDS Action Committee 4:00 pm – 5:30 pm (p.13)	Women's HOCC Weekly Boston Living Center 1:00 pm – 2:00 pm (p.13)	Long Term Survivors JRI Health 6:30 pm – 8:30 pm (p.17)
Peer Leaders Group Concilio Hispano 4:00 pm – 6:00 pm (p.25)	Men's Health AIDS Action Committee 4:00 pm – 5:30 pm (p.13)	Peer Leaders Group Concilio Hispano 4:00 pm – 6:00 pm (p.25)	Men's Health AIDS Action Committee 4:00 pm – 5:30 pm (p.13)	
Newly Diagnosed or Returning to Care AIDS Action Committee Every other month 6:00 pm - 7:30 pm (p.19)	Peer Leaders Group Concilio Hispano 4:00 pm – 6:00 pm (p.25)	Long Term Survivors JRI Health 6:30 pm – 8:30pm (p.17)	Peer Leaders Group Concilio Hispano 4:00 pm – 6:00 pm (p.25)	
Long Term Survivors JRI Health 6:30 pm – 8:30 pm (p.17)	Newly Diagnosed or Returning to Care AIDS Action Committee Every other month 6:00 pm - 7:30 pm (p.19)	Newly Diagnosed or Returning to Care AIDS Action Committee Every other month 6:00 pm -7:30 pm (p.19)		

CALENDAR - WEDNESDAYS

1 st Wednesdays	2 nd Wednesdays	3 rd Wednesdays	4 th Wednesdays	5 th Wednesdays /Other
Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)
Latino Support Group Boston Living Center 1:00 pm – 2:30 pm (p.23)	Latino Support Group Boston Living Center 1:00 pm – 2:30 pm (p.23)	Latino Support Group Boston Living Center 1:00 pm – 2:30pm (p.23)	Latino Support Group Boston Living Center 1:00 pm – 2:30 pm (p.23)	Women to Women Boston Medical Center Biweekly 10:00 am – 11:30am (p.23)
Writers' Group AIDS Action Committee 1:30 pm – 3:00 pm (p.13)	Writers' Group AIDS Action Committee 1:30 pm – 3:00 pm (p.13)	Writers' Group AIDS Action Committee 1:30 pm – 3:00 pm (p.13)	Writers' Group AIDS Action Committee 1:30 pm – 3:00 pm (p.13)	HIV/AIDS Support Group MGH Chelsea Every other Wednesday 11:00 am – 12:30 pm (p.21)
Centro Latino de Apoyo Pedro Zamora HOPE 6:00 pm – 8:00 pm (p.17)	Centro Latino de Apoyo Pedro Zamora HOPE 6:00 pm – 8:00 pm (p.17)	Centro Latino de Apoyo Pedro Zamora HOPE 6:00 pm – 8:00 pm (p.17)	Centro Latino de Apoyo Pedro Zamora HOPE 6:00 pm – 8:00 pm (p.17)	Parents of Adults w/ HIV Mass General Hospital Twice a month Noon (p.27)
HIV Support for Men JRI Health 7:30 pm – 9:00 pm (p.17)	Positive Providers AIDS Action Committee 5:30 pm - 7:30 pm (p.19)	HIV Support for Men JRI Health 7:30 pm – 9:00 pm (p.17)		Latino Support Group Boston Living Center 1:00 pm – 2:30pm (p.23)
				Un Cambio Positivo Boston Medical Center Biweekly 1:30 pm – 3:00pm (p.23)
				Writers' Group AIDS Action Committee 1:30 pm – 3:00 pm (p.13)
				HIV+ Group Concilio Hispano Every other Wednesday 3:00 pm - 5:00 pm (p.25)
				Newly Diagnosed/ Returning to Care Boston Medical Center 6 sessions 5:30 pm – 7:30 pm (p.24)
				Gay and Bisexual Men Jane Scherban, LCSW Twice a month 6:00 pm - 7:30 pm (p.26)
				Centro Latino de Apoyo Pedro Zamora HOPE 6:00 pm – 8:00 pm (p.17)
				Mind/Body Group Fenway Community Health 10 week cycles 6:30 pm – 8:30 pm (p.26)

CALENDAR - THURSDAYS

1 st Thursdays	2 nd Thursdays	3 rd Thursdays	4 th Thursdays	5 th Thursdays /Other
Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)	Bridges for Life Boston Living Center 9:30 am - noon (p.17)	Bridges for Life Boston Living Center 9:30 am - noon (p.19)
Men's Group Health Awareness Services 10:30 am – noon (p.16)	Men's Group Health Awareness Services 10:30 am – Noon (p.16)	Men's Group Health Awareness Services 10:30 am – Noon (p.16)	Men's Group Health Awareness Services 10:30 am – Noon (p.16)	Positive HOPE Boston Medical Center Monthly 10:00 am - 11:30 am (p.24)
Positive Living CCHER 11:00 am - 12:30pm (p.24)	Positive Living CCHER 11:00 am – 12:30 pm (p.24)	Positive Living CCHER 11:00 am – 12:30pm (p.24)	Positive Living CCHER 11:00 am – 12:30 pm (p.24)	Men's Group Health Awareness Services 10:30 am – Noon (p.16)
HIV+ Support Group Fenway Community Health Noon – 1:00 pm (p.26)	HIV+ Support Group Fenway Community Health Noon – 1:00 pm (p.26)	HIV+ Support Group Fenway Community Health Noon – 1:00 pm (p.26)	HIV+ Support Group Fenway Community Health Noon – 1:00 pm (p.26)	Positive Living CCHER 11:00 am – 12:30 pm (p.24)
Women's Group Health Awareness Services 12:30 pm – 2:00 pm (p.16)	Women's Group Health Awareness Services 12:30 pm – 2:00 pm (p.16)	Women's Group Health Awareness Services 12:30 pm – 2:00pm (p.16)	Women's Group Health Awareness Services 12:30 pm – 2:00 pm (p.16)	HIV+ Support Group Fenway Community Health Noon – 1:00 pm (p.26)
HIV and Substance Abuse – Women of Hope The Dimock Center 1:30 pm – 3:00 pm (p.16)	HIV and Substance Abuse – Women of Hope The Dimock Center 1:30 pm – 3:00 pm (p.16)	HIV and Substance Abuse – Women of Hope The Dimock Center 1:30 pm – 3:00 pm (p.16)	HIV and Substance Abuse – Women of Hope The Dimock Center 1:30 pm – 3:00 pm (p.16)	Vidas Unidas Centro Latino de Chelsea Every other Thursday Noon – 2:00 pm (p.15)
Family Support and Education Group Boston Living Center 4:30 pm - 6:00 pm (p.23)	Men's Support Group Cambridge Cares 3:00 pm - 4:00 pm (p.20)	Family Support and Education Group Boston Living Center 4:30 pm - 6:00 pm (p.23)	Men's Support Group Cambridge Cares 3:00 pm - 4:00 pm (p.20)	Women's Group Health Awareness Services 12:30 pm – 2:00 pm (p.16)
Reintegration Group SPAN 5:45 pm - 7:00pm (p.21)	Family Support and Education Group Boston Living Center 4:30 pm - 6:00 pm (p.23)	Reintegration Group SPAN 5:45 pm -7:00 pm (p.21)	Family Support and Education Group Boston Living Center 4:30 pm - 6:00 pm (p.23)	HIV and Substance Abuse – Women of Hope The Dimock Center 1:30 pm – 3:00 pm (p.16)
POZ 20s Group JRI Health 7:30 pm – 9:00 pm (p.17)	Reintegration Group SPAN 5:45 pm - 7:00 pm (p.21)	Gay and Bisexual Men's Group – Movie Night Boston Living Center 6:00 pm – 8:00 pm (p.14)	Reintegration Group SPAN 5:45 pm -7:00 pm (p.21)	Family Support and Education Group Boston Living Center 4:30 pm - 6:00 pm (p.23)
	POZ 20s Group JRI Health 7:30 pm – 9:00 pm (p.17)	POZ 20s Group JRI Health 7:30 pm – 9:00 pm (p.17)	Women's Support Group – Chix Flick Boston Living Center 6:00 pm – 8:00 pm (p.15)	Reintegration Group SPAN 5:45 pm -7:00 pm (p.21)
			POZ 20s Group JRI Health 7:30 pm – 9:00 pm (p.17)	POZ 20s Group JRI Health 7:30 pm – 9:00 pm (p.17)
				Gay and Bisexual Men/ Long Term Survivors Jane Scherban, LCSW Twice a month 7:30 pm - 9:00pm (p.26)

CALENDAR - FRIDAYS

1st Fridays	2nd Fridays	3rd Fridays	4th Fridays	5th Fridays /Other
<p>Bridges for Life Boston Living Center 9:30 am - noon (p.19)</p> <p>WAS/DIVA JRI Health 11:00 am - 1:00 pm (p.18)</p> <p>Haitian Group Cambridge Cares 11:00 am – 1:00 pm (p.20)</p> <p>Team Life Support Group AIDS Action Committee noon – 1:30 pm (p.13)</p> <p>Latino Group The Dimock Center 1:00 pm – 2:30 pm (p.16)</p> <p>Women’s Group Concilio Hispano 3:00 pm - 5:00 pm (p.25)</p>	<p>Bridges for Life Boston Living Center 9:30 am - noon (p.19)</p> <p>WAS/DIVA JRI Health 11:00 am - 1:00pm (p.18)</p> <p>Team Life Support Group AIDS Action Committee noon – 1:30 pm (p.13)</p> <p>Latino Group The Dimock Center 1:00 pm – 2:30 pm (p.16)</p> <p>Women’s Group Concilio Hispano 3:00 pm - 5:00 pm (p.25)</p>	<p>Bridges for Life Boston Living Center 9:30 am - noon (p.19)</p> <p>WAS/DIVA JRI Health 11:00 am - 1:00 pm (p.18)</p> <p>Team Life Support Group AIDS Action Committee noon – 1:30 pm (p.13)</p> <p>Latino Group The Dimock Center 1:00 pm – 2:30pm (p.16)</p> <p>Women’s Group Concilio Hispano 3:00 pm - 5:00pm (p.25)</p>	<p>Bridges for Life Boston Living Center 9:30 am - noon (p.19)</p> <p>WAS/DIVA JRI Health 11:00 am - 1:00 pm (p.18)</p> <p>Team Life Support Group AIDS Action Committee noon – 1:30 pm (p.13)</p> <p>Latino Group The Dimock Center 1:00 pm – 2:30 pm (p.16)</p> <p>Women’s Group Concilio Hispano 3:00 pm - 5:00 pm (p.25)</p>	<p>Bridges for Life Boston Living Center 9:30 am - noon (p.19)</p> <p>WAS/DIVA JRI Health 11:00 am - 1:00 pm (p.18)</p> <p>50ish Gay Men with HIV Mass General Hospital Twice a month 11:00 am – Noon (p.27)</p> <p>Women with HIV Mass General Hospital Twice a month 11:00 am – 12:30 pm (p.27)</p> <p>Team Life Support Group AIDS Action Committee Noon – 1:30 pm (p.13)</p> <p>Latino Group The Dimock Center 1:00 pm – 2:30 pm (p.16)</p> <p>Women’s Group Concilio Hispano 3:00 pm - 5:00 pm (p.25)</p> <p>HIV/AIDS Support Group MGH Chelsea Every other Friday 5:30 pm – 7:30 pm (p.21)</p>

CALENDAR - SATURDAYS

1st Saturdays	2nd Saturdays	3rd Saturdays	4th Saturdays	5th Saturdays /Other
	Women who are Head of Household The Dimock Center 10:00 am - Noon (p.16)		Women who are Head of Household The Dimock Center 10:00 am - Noon (p.16)	Vidas Unidas Centro Latino de Chelsea Every other Saturday Noon – 2:00 pm (p.15)

TRAININGS

HIV-related training organizations with curricula designed for people living with HIV

JRI Health's Center for Training and Professional Development

Fundamentals of HIV

Behavioral Risk Assessment and Risk Reduction: Core Standards and Practice

Positive Prevention in Practice

HIV Counseling and Testing: Core Standards and Practice

HIV Case Management: Core Standards and Practice

For dates and registration, visit www.adcare-educational.org, or call Denise Henry or Laura Guida at AdCare Educational Institute at (508) 752-7313; TTY: (508) 754-0039; or E-mail: Denise@adcare-educational.org or Laura@adcare-educational.org or go to www.mass.gov/dph/aids and click on the link entitled *Provider Training Calendar* under the *Quick Links* section.

Basic Support Group Facilitation Training: Description

This training is designed for individuals living with HIV/AIDS who want to learn how to facilitate HIV support groups. The training helps participants understand how to use their experience of living with HIV to support others in the context of a support group. Topics covered include confidentiality, ethics and boundaries, client-centered approach, communication/facilitation skills, and the mechanics of running a support group. Participants learn several facilitation skills and how to structure a meeting, including what to do at the beginning, middle and end of the meeting. Hands-on practice sessions provide opportunities for participants to facilitate mock groups with feedback in real time.

This training is funded by the Boston Public Health Commission and thus requires no registration fee. Dates for 2009 are still being scheduled. Contact John Ruiz, Director of Peer Support Services at Jruiz@jri.org or (617) 457-8142 x2419 for more information.

Peer Leader Competency Training

This free 2-day training was funded by the Boston Public Health Commission AIDS program to provide relevant information and skills to HIV+ people working in a peer leadership capacity. Topics covered include the HIV life cycle, communication, boundaries, confidentiality, disclosure, risk reduction, cultural competency, and adherence strategies. Using a client-centered model, this training aims to help peers build the necessary skills to successfully support their clients.

Boston Living Center, 29 Stanhope Street, Boston, MA 02116
Breakfast at 8:30, training from 9:00-4:00 on February 19th & 20th, 2009
RSVP to Meredith Gilbert 617-457-8142 x2423
Breakfast and lunch will be provided

Contact John Ruiz, Director of Peer Support Services at Jruiz@jri.org or (617) 457-8142 x2419 for information about future trainings.

Cambridge Cares About AIDS

HIV TODAY

(Formally HIV College)

A training series that covers innovative theory and trends in HIV/AIDS services and care

Health information and research in the area of HIV/AIDS is constantly changing, and it often can be challenging to stay updated as a healthcare or social services provider, consumer, or person who has an interest in this area. At CCA, we believe it is necessary to address and be knowledgeable about the physical, mental, and social needs of individuals living with HIV/AIDS, or at high risk for HIV/AIDS. In addition, at CCA we are continuously expanding our expertise in best practices within Harm Reduction, which is a service delivery modality that supports people in making self identified goals for behavior change. High quality, comprehensive care and support begins with comprehensive education and training, and we would like to extend our free training program known as “*HIV TODAY*” to others, so they are able to access education and resources for themselves and/or clients in a comfortable and non-judgmental environment. HIV TODAY will respond to the latest questions and challenges regarding HIV/AIDS today.

The spring 2009 semester of **HIV TODAY** consists of a four week training session offered on the first Wednesdays of February, March, April, and May from 1-3pm. Sessions are free and lunch is provided. Those who complete **3 out of 4** of the trainings in each session will receive a certificate of completion from CCA. All sessions take place in the 2nd Floor Conference Room of the Windsor Street Health Center/Cambridge Public Health Department at 119 Windsor St., Cambridge, MA. This is a short walk from the Central Square T stop on the Red Line and there is metered parking on Main St.

Training 1: Wednesday 2/4/09: 1 – 3 pm

Topic: “Pregnancy & HIV”

Presenters: Sara Dolan Looby, PhD, ANP & Sheila Davis, DNP
Massachusetts General Hospital

Training 2: Wednesday 3/4/09: 1 – 3 pm

Topic: “Outreach to Youth and at Risk Teens”

Presenter: Leidy Springsted, Cambridge Cares About AIDS

Training 3: Wednesday 4/1/09: 1 – 3 pm

Topic: “Global Perspective of HIV/AIDS”

Presenters: Sheila Davis, DNP Massachusetts General Hospital & Ermin Celestin and Francisca Benedict, Cambridge Cares About AIDS

Training 4: Wednesday 5/6/09: 1 – 3 pm

Topic: “Risk Reduction among Active Drug Users and Sex Workers”

Presenter: Lee Thornhill, Cambridge Cares About AIDS

For more information, please contact Amanda Fallon at 617-661-3040 x244.